

**Swami Keshvanand Institute of Technology,
Management & Gramothan
Ramnagar (Jagatpura) Jaipur-17**



**Extra Curricular Activities 2022-23
(YOGA AND MEDITATION CLUB)
Annual Report of Club Activities**

Student Coordinator

Manjeet Singh
8890786967

Daksh Katewa
9414351002

Faculty Coordinator

Ms. Ruchika Khandelwal
9828124477

Mr. Satyaveer Singh
9785118885

About The Club: -“Welcome to the Yoga and Meditation Club, established in 2019 at Swami Keshvanand Institute of Technology! We provide a nurturing space for students to explore the benefits of yoga and meditation. Our club offers a peaceful sanctuary where you can relax, rejuvenate, and find inner harmony amidst the busy college life. With experienced instructors, we offer accessible yoga and meditation sessions for students of all levels. Join us as we promote well-being, mindfulness, and a healthier lifestyle. Together, let's embark on a journey of self-discovery and embrace a balanced and peaceful college experience”

Objective: - To spread awareness for yoga.

Outcomes :-

Yogic practices enhance muscular strength and body flexibility, promote and improve respiratory and cardiovascular function, promote recovery from and treatment of addiction, reduce stress, anxiety, depression, and chronic pain, improve sleep patterns, and enhance overall well-being.

Details of Registered Students :-

S. N.	University Roll No.	Name	Year	Branch	Mob. No.
1	20ESKCS140	Manjeet Singh	3rd year	CS	8890786967
2	20SKCS130	Kuldeep Joshi	3rd year	CS	9602727270
3	20ESKCS129	Kul Pratap Singh	3rd year	CS	7627080587
4	20ESKCS144	Mohak Saini	3rd year	CS	9079777405
5	20ESKCS120	Keshav Gaur	3rd year	CS	8094163357
6	19ESKCE055	Kanishka	4th year	CE	9530289979
7	19ESKCS100	Himanshu kalal	4th year	CS	9166904599
8	20ESKCS140	Khushi punia	3rd	CS	7742779708
9	20ESKCS151	Muskan Goyal	3rd	CS	7976717907
10	20ESKCS095	Hari Kumar Addania	3rd	CS	9024695692
11	20ESKCE041	Hemant Kumar Mina	3rd	CE	9413186922
12	21ESKCS104	Jigyashu Sharma	2nd	CS	6376909292
13	20ESKCS090	Gautam Kumar Jain	3rd	Cs	8003186456
14	20ESKCS811	Ritika Singh	3rd	CS	7050873436

15	19ESKCS100	Himanshu kalal	4th	CS	9166904599
16	22MSKXX610	Bhaskar Agarwal	1st	MBA	7891685617
17	22MSKXX634	Hiteksha Mulsaniya	1st	MBA	7862037007
18	22MSKXX621	Jatin khandelwal	1st	MBA	9660848349
19	22MSKXX653	Shivani bhandari	1st	MBA	9694286807
20	22MSKXX660	Vijay Motiramani	1st	MBA	9462733307
21	22MSKXX606	Arti soni	1st	MBA	887537738
22	22MSKXX632	Monika kasliwal	1st	MBA	9509281357
23	22MSKXX617	govind jangid	1st	MBA	8824297049
24	22MSKXX607	Ashutosh Jangid	1st	MBA	7737703778
25	21ESKCS152	Parth Gautam	2nd	CSE	-
26	21ESKCS063	Daksh Katewa	2nd	CSE	9414351002
27	22MSKXX662	Vishal Sain	1st	MBA	-
28	22ESKIT022	Arushi Pareek	1st	IT	6375983385
29	22ESKEE080	Yashasva Bansal	1st	EE	6367190687
30	22ESKCA084	Palak Agrawal	1st	CSE	7004502376

Details of Student Coordinators:

S. N.	University Roll No.	Name	Year	Branch	Mob. No.
1.	20ESKCS140	Manjeet Singh	3rd year	CS	8890786967
2.	20ESKCS063	Daksh Katewa	2nd year	CS	9414351002

Details of Faculty Coordinators: -

Sr. No.	Name	Branch	Mob. No.
1.	Miss. Ruchika Khandelwal	CSE	9828124477
2.	Mr. Satyaveer Singh	EE	9785118885

Yearly Calendar:- (Starting from 1 July 2022 to June 2023)

Sr. No.	Date	Name of The Activity	Description	Remarks (if any)
1.	7/11/2022-8/11/2022	Yoga Session for B.Tech. Ist Year Students	A yoga session of was organized by Yoga and Meditation club to boost up their immunity , built-up their strength and feel the inner peace of mind.	
2.	10/11/2022	Yoga Session for MBA Ist Year Students	A Yoga session was organized to spread awareness aboutt benefits of Yoga asanas	
3.	21/06/2023	International Yoga Day Celebration	Yoga Session to celebrate International Yoga Day	

Yoga Session for B.Tech. Ist Year Students

Date :- 7-8th November 2022

Time :- 8:30 am

Venue :- Cricket Ground

Mode of the event : - Offline

Notice of the event: -

The notice is from Swami Keshvanand Institute of Technology Management & Gramothan. It is titled "YOGA AND MEDITATION CLUB" and is dated 5/11/2022. The notice is for a "Yoga for Strength" event organized by the Yoga and Meditation Club. The event is for two days, 7th and 8th November 2022, from 8:30 am to 10:30 am. The venue is the Cricket Ground. The notice is signed by the Faculty coordinators, Ruchika Khandelwal and Satyaveer Singh. The student coordinators are Daksh Katewa and Manjeet Singh. The notice is also signed by the Student coordinators, Daksh Katewa and Manjeet Singh. The notice is also signed by the Faculty coordinators, Ruchika Khandelwal and Satyaveer Singh. The notice is also signed by the Student coordinators, Daksh Katewa and Manjeet Singh.

Swami Keshvanand Institute of Technology Management & Gramothan

YOGA AND MEDITATION CLUB

COK/SKIT/01 DATE: 5/11/2022

NOTICE

Yoga and Meditation Club is organizing an event "Yoga for Strength" for two days. This event will provide you new insight about yoga. All the students of 1st year are requested to participate in this event and get inspired and trained by Mr. Satyaveer Singh sir (yoga expert) on 7th and 8th November 2022.

Venue: Cricket Ground
(Timings: 7th and 8th November 2022, 8:30 – 10:30 am)

Student coordinators
Daksh Katewa :9414351002
Manjeet Singh:8890786967

Faculty coordinators
Ruchika Khandelwal:9828159333
Satyaveer Singh:9785118885

Objective of the Event:- A yoga session of 1 hour was organized by Yoga & Meditation Club to boost up their immunity and feel the inner peace of mind.

Event Message:-

Yoga: A way of connecting your body to the soul.

As the new first year batch joined the college Yoga & Meditation Club, SKIT organized yoga session for B.Tech. I Year Students and MBA I year students in. For B.Tech. I Year Students Yoga session was conducted for two days. On 7 November 2022 yoga session was conducted for the students of branches Computer Science Engineering, Data Science, Civil Engineering & Mechanical Engineering. On 8 November 2022 the session was conducted for the branches Electronics and Communication Engineering, Electrical Engineering, Information Technology, Artificial Intelligence & IOT. For MBA I year students it was conducted on 10 November 2022..

Asana's performed during the event:-

1)Hasthasana:- Sit in a comfortable cross-legged position or on a chair keeping the spine straight. Relax the entire body and stay in this position focusing on the breath.

Join the palms together and rub them vigorously to warm them. When they are warm, close your eyes, cup your palms and lightly place them on the eyes, without putting pressure on your cheekbones.

Benefits:- The regular practice of palming releases stress from the optic nerves and calms irritation in the eyes.



2)**Tadasana:-** Tadasana (Mountain Pose) seems pretty straightforward. The foundational posture asks you to stand upright with your feet facing forward parallel to each other and your arms at your sides, palms facing forward. But there's actually a lot to pay attention to in the basic pose.

Benefits:- Mountain Pose is a foundational posture that improves your postural and body awareness. By requiring you to stack your shoulders, hips, knees, and ankles, it helps you find alignment. By asking you to draw your shoulders away from your ears, it can counter the effects of prolonged sitting at a computer.



3)**Vaayuasana:-** Stand up stretching both the hands side wise. Bending forward from the waist, slowly raise the left leg backward straight without bending the knee. The body should be in the shape of an aeroplane, standing on right foot.

Benefits:- This asan helps in maintaining the balance of the body and mind. Concentration is also developed. Body is felt light.



Details of Instructor: -

Yoga Expert and Instructor of the day was Mr. Satyaveer Singh who has done TTC(Teacher Training Course) 300 hours and 200 hours both in yoga ,along with PGDYS(Post Graduate Diploma in Yoga Science).

The aims and objectives of Yoga Session are:-

To enable the student to have good health.

To practice mental hygiene.

To possess emotional stability.

To integrate moral values.

To attain higher level of consciousness.

List of Teacher Participants:

S.No.	Name of Faculty	Department
1.	Mr. Satyaveer Singh (Yoga Instructor)	Electrical Engineering
2.	Ms. Ruchika Khandelwal	CSE
3.	Dr. Sharda Soni	Chemistry
4.	Dr. Komal Sharma	Physics
5.	Dr. Swati Joshi	Chemistry
6.	Dr. Neha Purohit	English
7.	Dr. Manasvi Dixit	Physics

8.	Dr. Anurag Sharma	Chemistry
9.	Ms. Surabhi Sharma	Math
10.	Dr. Nidhi Sharma	English
11.	Ms. Mahima	English

Details/List of student participants:-

S.No.	Name of Student	RTU Roll No.	Branch	Year
1	AADITYA SARDA	22ESKCS001	CSE	I
2	AANYA PANDEY	22ESKCS002	CSE	I
3	AARCHI RATHORE	22ESKCS003	CSE	I
4	ABHIMANYU SINGH RATHORE	22ESKCS004	CSE	I
5	ABHISHEK CHAUHAN	22ESKCS005	CSE	I
6	ABHISHEK NARUKA	22ESKCS006	CSE	I
7	ABHISHEK SINGH	22ESKCS007	CSE	I
8	ADITYA DADHICH	22ESKCS008	CSE	I
9	ADITYA MEENA	22ESKCS009	CSE	I
10	ADITYA RANJAN	22ESKCS010	CSE	I
11	ADVIK TAK	22ESKCS011	CSE	I
12	AJAY MEENA	22ESKCS012	CSE	I
13	AJINKYA LAKHARA	B220286	CSE	I
14	AKSHAT KATHAIT	22ESKCS014	CSE	I
15	AKSHAT SHRINGI	22ESKCS015	CSE	I
16	AKSHITA SAXENA	22ESKCS016	CSE	I
17	AMAN JOSHI	22ESKCS017	CSE	I
18	AMAN SHARMA	22ESKCS018	CSE	I
19	AMARTYA SHARMA	22ESKCS019	CSE	I
20	ANANT KHANDELWAL	22ESKCS020	CSE	I
21	ANANT SHARMA	22ESKCS021	CSE	I
22	ANANYA SINGH CHOUDHARY	22ESKCS022	CSE	I
23	ANANYA SOLANKI	22ESKCS023	CSE	I
24	ANIRUDH SINGH NARUKA	22ESKCS024	CSE	I
25	ANKIT MEENA	22ESKCS025	CSE	I
26	ANKIT RAWAT	22ESKCS026	CSE	I

27	ANKITA THAKUR	22ESKCS027	CSE	I
28	ANSH KASAT	22ESKCS028	CSE	I
29	ANSH KHATOD	22ESKCS029	CSE	I
30	ANSHITA PORWAL	22ESKCS030	CSE	I
31	ANUBHAV BANSAL	22ESKCS031	CSE	I
32	ANUSHKA GUPTA	22ESKCS032	CSE	I
33	ANUSHKA SINGH	22ESKCS033	CSE	I
34	ARCHIT GOYAL	22ESKCS034	CSE	I
35	ARCHIT SHARMA	22ESKCS035	CSE	I
36	ARIHANT JAIN	B220298	CSE	I
37	ARNAVI GARG	22ESKCS037	CSE	I
38	ARPIT GUPTA	22ESKCS038	CSE	I
39	ARPIT SHARMA	22ESKCS039	CSE	I
40	ARPIT TILAWAT	22ESKCS040	CSE	I
41	ARYAN DADHICH	22ESKCS041	CSE	I
42	ARYAN GARG	22ESKCS042	CSE	I
43	ARYAN SINGH RATHORE	22ESKCS043	CSE	I
44	ARYAN SUSAWAT	22ESKCS044	CSE	I
45	ARYAN SUTHAR	22ESKCS045	CSE	I
46	ASIT VATSA	22ESKCS046	CSE	I
47	AUTHA RASHMIKA	22ESKCS047	CSE	I
48	AVANI GUPTA	22ESKCS048	CSE	I
49	AVDHESH SHARMA	22ESKCS049	CSE	I
50	AYUSH AGRAWAL	22ESKCS050	CSE	I
51	AYUSH BALDWA	22ESKCS051	CSE	I
52	AYUSH GURJAR	22ESKCS052	CSE	I
53	AYUSH KUMAR JANGID	22ESKCS053	CSE	I
54	AYUSH MAHALA	22ESKCS054	CSE	I
55	AYUSH MANGAL	22ESKCS055	CSE	I
56	AYUSH PACHAR	22ESKCS056	CSE	I
57	AYUSHI GARG	22ESKCS057	CSE	I
58	BHAWANA	22ESKCS058	CSE	I
59	BHAWNA NAYAK	22ESKCS059	CSE	I
60	BHOOMI ARORA	22ESKCS060	CSE	I
61	BHOOMI BAJAJ	22ESKCS061	CSE	I

62	BHUMIKA AGARWAL	22ESKCS062	CSE	I
63	BUNTY DUTTA	22ESKCS063	CSE	I
64	CHAVI GOYAL	22ESKCS064	CSE	I
65	CHETAN KUMAR SUTHAR	22ESKCS065	CSE	I
66	CHETAN MEENA	22ESKCS066	CSE	I
67	DAKSH KHICHAR	B220461	CSE	I
68	DAKSH VERMA	22ESKCS068	CSE	I
69	DEEKSHA SHAKYAWAL	22ESKCS069	CSE	I
70	DEEPANSHI AJMERA	22ESKCS070	CSE	I
71	DEEPANSHU BENIWAL	B220418	CSE	I
72	DEEPTI BEHWAL	22ESKCS072	CSE	I
73	DEVANSH KHEMANI	22ESKCS073	CSE	I
74	DHRUV AGARWAL	22ESKCS074	CSE	I
75	DHRUV KUMAR GUPTA	22ESKCS075	CSE	I
76	DIKSHANT SHARMA	22ESKCS076	CSE	I
77	DILIP SINGH JHALA	22ESKCS077	CSE	I
78	DINESH	22ESKCS078	CSE	I
79	DIVYA JAIN	22ESKCS079	CSE	I
80	DIVYANSH GAUTAM	22ESKCS080	CSE	I
81	DOLLY JAIN	22ESKCS081	CSE	I
82	EESHAAN SINGH	22ESKCS082	CSE	I
83	FATIMA HAQ	22ESKCS083	CSE	I
84	GANTAVYA JAIN	22ESKCS084	CSE	I
85	GARIMA CHOUDHARY	22ESKCS085	CSE	I
86	GARVIT SINGHAL	22ESKCS086	CSE	I
87	GAURAV NAREDA	22ESKCS087	CSE	I
88	GAURVI SHARMA	22ESKCS088	CSE	I
89	GAURVI TEKRIWAL	22ESKCS089	CSE	I
90	GAUTAM JAIN	22ESKCS090	CSE	I
91	GEETIKA PALIWAL	22ESKCS091	CSE	I
92	GULSHAN KUMAR	22ESKCS092	CSE	I
93	HARDIK AGARWAL	22ESKCS093	CSE	I
94	HARSH	22ESKCS094	CSE	I
95	HARSH DHAKAD	22ESKCS095	CSE	I
96	HARSH SATTAVAN	22ESKCS096	CSE	I

97	HARSH VIJAY	22ESKCS097	CSE	I
98	HARSHIT CHAUHAN	22ESKCS098	CSE	I
99	HARSHIT GUPTA	22ESKCS099	CSE	I
100	HARSHIT KHANDELWAL	22ESKCS100	CSE	I
101	HARSHLATA NAYAK	22ESKCS101	CSE	I
102	HARSHUL GOSWAMI	22ESKCS102	CSE	I
103	HIMANSHU BHARGAVA	22ESKCS103	CSE	I
104	HIMANSHU GUPTA	22ESKCS104	CSE	I
105	HITESH TANK	22ESKCS105	CSE	I
106	JASMEET SINGH	22ESKCS106	CSE	I
107	JAY AGRAWAL	22ESKCS107	CSE	I
108	JITENDER KUMAR	22ESKCS108	CSE	I
109	KALIKA JAIN	22ESKCS109	CSE	I
110	KANISHKA BANSAL	22ESKCS110	CSE	I
111	KANISHKA PANWAR	22ESKCS111	CSE	I
112	KARTIK KHORWAL	22ESKCS112	CSE	I
113	KASHISH JAIN	22ESKCS113	CSE	I
114	KAUSTUBHA OJHA	22ESKCS114	CSE	I
115	KHUSHANG AMETA	22ESKCS115	CSE	I
116	KIRTI AGARWAL	22ESKCS116	CSE	I
117	KOMAL BAIRWA	22ESKCS117	CSE	I
118	KULDEEP MEENA (BLM)	22ESKCS118	CSE	I
119	KULDEEP MEENA (I M)	22ESKCS119	CSE	I
120	KUNAL KUMAWAT	22ESKCS120	CSE	I
121	LAJVI SHARMA	22ESKCS121	CSE	I
122	LAKSHYA RUNTHALA	22ESKCS122	CSE	I
123	LAKSHYA SHARMA	22ESKCS123	CSE	I
124	LAKSHYA SHARMA	22ESKCS124	CSE	I
125	LAXMI BHADKARIYA	22ESKCS125	CSE	I
126	MAHI SHRIVASTAVA	22ESKCS126	CSE	I
127	MAHIPAL SINGH	22ESKCS127	CSE	I
128	MAKHAN YADAV	22ESKCS128	CSE	I
129	MALKEET SINGH	22ESKCS129	CSE	I
130	MANAN PATEL	22ESKCS130	CSE	I
131	MANASVI SHARMA	22ESKCS131	CSE	I

132	MANAV SHARMA	22ESKCS132	CSE	I
133	MANDEEP SINGH	22ESKCS133	CSE	I
134	MANISH KUMAR SAH	22ESKCS134	CSE	I
135	MANISH MEENA	22ESKCS135	CSE	I
136	MANJEET SINGH	22ESKCS136	CSE	I
137	MANNAT GOTHWAL	22ESKCS137	CSE	I
138	MANVENDRA SINGH	22ESKCS138	CSE	I
139	MARUT SHARMA	22ESKCS139	CSE	I
140	MEGHA NAGAR	22ESKCS140	CSE	I
141	MILAN NAYAK	22ESKCS141	CSE	I
142	MOHAK SONI	22ESKCS142	CSE	I
143	MOHIT KUMAR	22ESKCS143	CSE	I
144	NAGENDRA SINGH RATHORE	22ESKCS144	CSE	I
145	NAKUL SINGH KALYANWAT	22ESKCS145	CSE	I
146	NARENDRA SINGH PANWAR	22ESKCS146	CSE	I
147	NAVDEEP SINGH	22ESKCS147	CSE	I
148	NAYAN KHETAWAT	22ESKCS148	CSE	I
149	NEHA AGARWAL	22ESKCS149	CSE	I
150	NEHA YADAV	22ESKCS150	CSE	I
151	NEKAL SINGH SALARIA	22ESKCS151	CSE	I
152	NIKHIL KUMAR SINGH	22ESKCS152	CSE	I
153	NIKHIL SHARMA	22ESKCS153	CSE	I
154	NIMISH BERWAL	22ESKCS154	CSE	I
155	NIRDHANT KUMAWAT	22ESKCS155	CSE	I
156	NIRUPAMA SINGH	22ESKCS156	CSE	I
157	NISHTHA JAIN	22ESKCS157	CSE	I
158	PARISHI THADA	22ESKCS158	CSE	I
159	PARUL VERMA	22ESKCS159	CSE	I
160	POORVANSHI KULSHRESHTHA	22ESKCS160	CSE	I
161	PRACHI SHARMA	22ESKCS161	CSE	I
162	PRAJWAL AWASTHI	22ESKCS162	CSE	I
163	PRAKHAR SINGHAL	22ESKCS163	CSE	I
164	PRANAV SHARMA	22ESKCS164	CSE	I
165	PRASOON KUMAR	22ESKCS165	CSE	I
166	PRATIK KUMAR	22ESKCS166	CSE	I

167	PRAVEEN KUMAR DELLA	22ESKCS167	CSE	I
168	PRERNA PUROHIT	22ESKCS168	CSE	I
169	PRIYADARSHAN KUMAR	22ESKCS169	CSE	I
170	PRIYANKA MEHRA	22ESKCS170	CSE	I
171	PRIYANKA VIKANI	22ESKCS171	CSE	I
172	PRIYANSH	22ESKCS172	CSE	I
173	PUNIT BATHLA	22ESKCS173	CSE	I
174	PURU BHATT	22ESKCS174	CSE	I
175	RAGHAV PRATAP SINGH SAINI	22ESKCS175	CSE	I
176	RAHUL KUMAWAT	22ESKCS176	CSE	I
177	RAJAT SHARMA	22ESKCS177	CSE	I
178	RAJAT TANK	22ESKCS178	CSE	I
179	RAVI KUMAR	22ESKCS179	CSE	I
180	RAVINANDAN VERMA	22ESKCS180	CSE	I
181	RIKHIL NAIR	22ESKCS181	CSE	I
182	RITESH MALAV	22ESKCS182	CSE	I
183	RITIK DORIYA	22ESKCS183	CSE	I
184	RIYANSHI GOYAL	22ESKCS184	CSE	I
185	ROHIT SONI	22ESKCS185	CSE	I
186	RONAK NIRWAN	22ESKCS186	CSE	I
187	RUCHIKA MEENA	22ESKCS187	CSE	I
188	RUDRA VASHISHTHA	22ESKCS188	CSE	I
189	SACHIN GUPTA	22ESKCS189	CSE	I
190	SACHIN MISHRA	22ESKCS190	CSE	I
191	SAGAR AGRAWAL	22ESKCS191	CSE	I
192	SAHIL SINGH RATHORE	22ESKCS192	CSE	I
193	SAKSHI AGARWAL	22ESKCS193	CSE	I
194	SAKSHI BHASKAR	22ESKCS194	CSE	I
195	SANJAY KUMAWAT	22ESKCS195	CSE	I
196	SARTHAK NAGAR	22ESKCS196	CSE	I
197	SARTHAK VIJAYVARGIYA	22ESKCS197	CSE	I
198	SATISH KUMAR	22ESKCS198	CSE	I
199	SATVEER GURJAR	22ESKCS199	CSE	I
200	SATVIK VAISHNAV	22ESKCS800	CSE	I
201	SATYAM KHANDELWAL	22ESKCS801	CSE	I

202	SHARDA MEGHWAL	22ESKCS802	CSE	I
203	SHELJA KANWAR	22ESKCS803	CSE	I
204	SHIKHA MAHAR	22ESKCS804	CSE	I
205	SHIVAM AGRAWAL	22ESKCS805	CSE	I
206	SHIVAM BORA	22ESKCS806	CSE	I
207	SHIVAM GUPTA	22ESKCS807	CSE	I
208	SHIVANG SHARMA	22ESKCS808	CSE	I
209	SHREY GHIYA	22ESKCS809	CSE	I
210	SHUBHAM SHARMA	22ESKCS810	CSE	I
211	SHYAM PRATAP SINGH	22ESKCS811	CSE	I
212	SIDDHI NARBAN	22ESKCS812	CSE	I
213	SNEHAL VITTHAL	22ESKCS813	CSE	I
214	STUTI AGRAWAL	22ESKCS814	CSE	I
215	SUHANI MEHTA	22ESKCS815	CSE	I
216	SUHANI SHARMA	22ESKCS816	CSE	I
217	SUMIT NAGAR	22ESKCS817	CSE	I
218	SUMIT SINGH	22ESKCS818	CSE	I
219	TANIA DEVI	22ESKCS819	CSE	I
220	TANISHK AGARWAL	22ESKCS820	CSE	I
221	TARUNA KUMARI	22ESKCS821	CSE	I
222	TUSHAR TAK	22ESKCS822	CSE	I
223	UMANG JOSHI	22ESKCS823	CSE	I
224	UTKARSH AGARWAL	22ESKCS824	CSE	I
225	UTKARSH GOYAL	22ESKCS825	CSE	I
226	VAIBHAV CHHIPA	22ESKCS826	CSE	I
227	VAIBHAV SAIN	22ESKCS827	CSE	I
228	VAIBHAV SAINI	22ESKCS828	CSE	I
229	VALLARI ASTHANA	22ESKCS829	CSE	I
230	VANSH GUPTA	22ESKCS830	CSE	I
231	VANSHIKA MATHUR	22ESKCS831	CSE	I
232	VANSHITA RAJAWAT	22ESKCS832	CSE	I
233	VIDIT KHANDELWAL	22ESKCS833	CSE	I
234	VIJAY SINGH	22ESKCS834	CSE	I
235	VIJAY SINGH GURJAR	22ESKCS835	CSE	I
236	VIJAY SINGH RATHORE	22ESKCS836	CSE	I

237	VIKAS	22ESKCS837	CSE	I
238	VIKAS	22ESKCS838	CSE	I
239	VIKAS MAUR	22ESKCS839	CSE	I
240	VIKAS SINGH GURJAR	22ESKCS840	CSE	I
241	VISHAKHA NAYAK	22ESKCS841	CSE	I
242	VISHAL GOTHWAL	22ESKCS842	CSE	I
243	VISHAL SAINI	22ESKCS843	CSE	I
244	VISHAL SONGARA	22ESKCS844	CSE	I
245	VIVEK MEENA	22ESKCS845	CSE	I
246	YADUMEET SINGH	22ESKCS846	CSE	I
247	YAGYA JOSHI	22ESKCS847	CSE	I
248	YASH JAIN	B220385	CSE	I
249	YASH JANGID	22ESKCS849	CSE	I
250	YASH KARODIWAL	22ESKCS850	CSE	I
251	YASH KUMAWAT	22ESKCS851	CSE	I
252	YASH TAILOR	22ESKCS852	CSE	I
253	YASHIKA	22ESKCS853	CSE	I
254	YASHVEER SINGH CHOUHAN	22ESKCS854	CSE	I
255	YASHWENDER SINGH	22ESKCS855	CSE	I
256	YUG SHARMA	22ESKCS856	CSE	I
257	AAKANSHA VIJAY	22ESKCX001	CSE (DS)	I
258	ABHAY SHARMA	22ESKCX002	CSE (DS)	I
259	ABHAY SHARMA	22ESKCX003	CSE (DS)	I
260	ADITYA ALOK	22ESKCX004	CSE (DS)	I
261	ADITYA SHARMA	22ESKCX005	CSE (DS)	I
262	ADVIKA SHARMA	22ESKCX006	CSE (DS)	I
263	AKHILESH YADAV	22ESKCX007	CSE (DS)	I
264	AMAN CHOUDHARY	22ESKCX008	CSE (DS)	I

265	ANANAYA MAHESHWARI	22ESKCX009	CSE (DS)	I
266	ANKIT KUMAR RAI	22ESKCX010	CSE (DS)	I
267	ANKITKUMAR KHIMARAM LUHAR	22ESKCX011	CSE (DS)	I
268	ANUJ TOMAR	22ESKCX012	CSE (DS)	I
269	APURVA KACHOLIYA	22ESKCX013	CSE (DS)	I
270	ARYAN KUMAR	22ESKCX014	CSE (DS)	I
271	ARYAN SHARMA	22ESKCX015	CSE (DS)	I
272	ARYAN TINKER	22ESKCX016	CSE (DS)	I
273	AYUSH SUKHWAL	22ESKCX017	CSE (DS)	I
274	AYUSHMAN SINGH RAJORA	22ESKCX018	CSE (DS)	I
275	AZAD SHUKLA	22ESKCX019	CSE (DS)	I
276	BHAVYA PRADHAN	22ESKCX020	CSE (DS)	I
277	CHARVI YADAV	22ESKCX021	CSE (DS)	I
278	CHAVI JAIN	22ESKCX022	CSE (DS)	I
279	DEEKSHANT TILWANI	B220667	CSE (DS)	I
280	DEEPAK KUMAWAT	22ESKCX024	CSE (DS)	I
281	DEEPESH MITTAL	22ESKCX025	CSE (DS)	I
282	DEVESH JANGID	22ESKCX026	CSE (DS)	I
283	DHANANJAYA VERMA	22ESKCX027	CSE (DS)	I

284	DHRUV GUPTA	22ESKCX028	CSE (DS)	I
285	DIVY JAIN	22ESKCX029	CSE (DS)	I
286	DIVYA SHARMA	22ESKCX030	CSE (DS)	I
287	DIVYANSH JOSHI	22ESKCX031	CSE (DS)	I
288	GAJENDRA	22ESKCX032	CSE (DS)	I
289	GAURAV SHARMA	22ESKCX033	CSE (DS)	I
290	GOURAAV SINGH	22ESKCX034	CSE (DS)	I
291	GUNJAN BHOJWANI	22ESKCX035	CSE (DS)	I
292	HANSRAJ GURJAR	22ESKCX036	CSE (DS)	I
293	HARGUN YASHKUMAR ASHWINBHAI	22ESKCX037	CSE (DS)	I
294	HARSH KUMAR	22ESKCX038	CSE (DS)	I
295	HARSHIT AGARWAL	22ESKCX039	CSE (DS)	I
296	HARSHIT SHARMA	22ESKCX040	CSE (DS)	I
297	HARSHIT SHARMA	22ESKCX041	CSE (DS)	I
298	HARSHIT SHRIMAL	22ESKCX042	CSE (DS)	I
299	HARSHITA AHUJA	22ESKCX043	CSE (DS)	I
300	HARSHITA MAMTORA	22ESKCX044	CSE (DS)	I
301	HIMANK KHABYA	22ESKCX045	CSE (DS)	I
302	HIMANSHU GAUTAM	22ESKCX046	CSE (DS)	I

303	ISHAN JAIN	22ESKCX047	CSE (DS)	I
304	JAINAM BANSAL	22ESKCX048	CSE (DS)	I
305	JAYANT SHARMA	22ESKCX049	CSE (DS)	I
306	JEEVANSHEE	22ESKCX050	CSE (DS)	I
307	KALPANA BANGDWA	22ESKCX051	CSE (DS)	I
308	KAPIL MEENA	22ESKCX052	CSE (DS)	I
309	KAPIL TANWAR	22ESKCX053	CSE (DS)	I
310	KARTAVYA GOYAL	22ESKCX054	CSE (DS)	I
311	KARTIK SHARMA	22ESKCX055	CSE (DS)	I
312	KHUSHALI TAK	22ESKCX056	CSE (DS)	I
313	KHUSHBOO BOOLCHANDANI	22ESKCX057	CSE (DS)	I
314	KHUSHI OSWAL	22ESKCX058	CSE (DS)	I
315	KRATIK JAIN	22ESKCX059	CSE (DS)	I
316	KRISH AGARWAL	22ESKCX060	CSE (DS)	I
317	KULDEEP SAINI	22ESKCX061	CSE (DS)	I
318	LAXMIKANT SHARMA	22ESKCX062	CSE (DS)	I
319	MANAN LEDWANI	22ESKCX063	CSE (DS)	I
320	MANAS VERMA	22ESKCX064	CSE (DS)	I
321	MANASVI SHARMA	22ESKCX065	CSE (DS)	I

322	MANU GAUTAM	22ESKCX066	CSE (DS)	I
323	MANURAJ SINGH DODIYA	22ESKCX067	CSE (DS)	I
324	MEET TANWAR	22ESKCX068	CSE (DS)	I
325	MEHAK GUPTA	22ESKCX069	CSE (DS)	I
326	MITESH JANGID	22ESKCX070	CSE (DS)	I
327	MOHIT KHATRI	22ESKCX071	CSE (DS)	I
328	MOHIT SHARMA	22ESKCX072	CSE (DS)	I
329	MOHIT SUNDA	22ESKCX073	CSE (DS)	I
330	MUDIT GARG	22ESKCX074	CSE (DS)	I
331	NAMAN MALIK	22ESKCX075	CSE (DS)	I
332	NARESH SINGH	22ESKCX076	CSE (DS)	I
333	NAVEEN KUMAWAT	22ESKCX077	CSE (DS)	I
334	NIHAL KUMAWAT	22ESKCX078	CSE (DS)	I
335	NIKHIL GUPTA	22ESKCX079	CSE (DS)	I
336	NIKITA NAGAR	22ESKCX080	CSE (DS)	I
337	NIRMAL SAINI	22ESKCX081	CSE (DS)	I
338	NISHTHA MENDIRATTA	22ESKCX082	CSE (DS)	I
339	PARTH NUWAL	22ESKCX083	CSE (DS)	I
340	PIYUSH KEWLANI	22ESKCX084	CSE (DS)	I

341	PRACHI SHRIMALI	22ESKCX085	CSE (DS)	I
342	PRAKHAR SHAILESH GUPTA	22ESKCX086	CSE (DS)	I
343	PRANAMYA JAIN	B221160	CSE (DS)	I
344	PRANAV ARORA	22ESKCX088	CSE (DS)	I
345	PRANAV SIKARWAL	B220386	CSE (DS)	I
346	PRIYA GUPTA	22ESKCX090	CSE (DS)	I
347	PRIYANSHU SHARMA	22ESKCX091	CSE (DS)	I
348	PULKIT YADAV	22ESKCX092	CSE (DS)	I
349	RAJAT SAINI	22ESKCX093	CSE (DS)	I
350	RAJAT SHARMA	22ESKCX094	CSE (DS)	I
351	RIDHI	22ESKCX095	CSE (DS)	I
352	RUDRAKSH KHANDELWAL	22ESKCX096	CSE (DS)	I
353	SACHIN KUKKAR	22ESKCX097	CSE (DS)	I
354	SAKSHAM JAIN	22ESKCX098	CSE (DS)	I
355	SANYAM JAIN	22ESKCX099	CSE (DS)	I
356	SARVESH SINGH	22ESKCX100	CSE (DS)	I
357	SHAMBHAVI JAIN	22ESKCX101	CSE (DS)	I
358	SHASHANK MEEMROT	22ESKCX102	CSE (DS)	I
359	SHIKSHA	22ESKCX103	CSE (DS)	I

360	SHREYAN SAXENA	22ESKCX104	CSE (DS)	I
361	SHREYANSH SHARMA	22ESKCX105	CSE (DS)	I
362	SHUBHAM MEEL	22ESKCX106	CSE (DS)	I
363	SIMRAN KANWAR	22ESKCX107	CSE (DS)	I
364	SMRITI SARIKA	22ESKCX108	CSE (DS)	I
365	SNEHA GAHLOT	22ESKCX109	CSE (DS)	I
366	SOURABH PRAJAPAT	22ESKCX110	CSE (DS)	I
367	SOURAV POONIA	22ESKCX111	CSE (DS)	I
368	SUHANI GUPTA	22ESKCX112	CSE (DS)	I
369	SUNIL SIHAG	22ESKCX113	CSE (DS)	I
370	SWATI LAMBA	22ESKCX114	CSE (DS)	I
371	TANISHK AGARWAL	22ESKCX115	CSE (DS)	I
372	TANISHK SINGH SHEKHAWAT	22ESKCX116	CSE (DS)	I
373	TANIYA SHRIVASTAVA	22ESKCX117	CSE (DS)	I
374	TANMAY SHARMA	22ESKCX118	CSE (DS)	I
375	VAIBHAV UPADHYAY	22ESKCX119	CSE (DS)	I
376	VANSH TUTEJA	22ESKCX120	CSE (DS)	I
377	VANSHIKA	22ESKCX121	CSE (DS)	I
378	VICKY SWAIN	22ESKCX122	CSE (DS)	I

379	VIKAS SHARMA	22ESKCX123	CSE (DS)	I
380	VIKASH SINGH	22ESKCX124	CSE (DS)	I
381	YASH SHARMA	22ESKCX125	CSE (DS)	I
382	YASHVARDHAN SHARMA	22ESKCX126	CSE (DS)	I
383	YASHWANT MEHAR	22ESKCX127	CSE (DS)	I
384	YOGESH SUTHAR	22ESKCX128	CSE (DS)	I
385	AAKIB HUSSAIN	22ESKCE001	CE	I
386	AAYUSH KUMAR	22ESKCE002	CE	I
387	ABHINAV GURJAR	22ESKCE003	CE	I
388	ADITI H	22ESKCE004	CE	I
389	ADITYA	22ESKCE005	CE	I
390	AJEET SINGH CHOUHAN	22ESKCE006	CE	I
391	AKASH MEENA	22ESKCE007	CE	I
392	AKSHIT PAKAD	22ESKCE008	CE	I
393	AKSHITA MEENA	22ESKCE009	CE	I
394	AMAN JAIN	22ESKCE010	CE	I
395	AMAN KUMAR	22ESKCE011	CE	I
396	AMAN MISHRA	22ESKCE012	CE	I
397	ANISH KUMAR	22ESKCE013	CE	I
398	ANKIT CHOUDHARY	22ESKCE014	CE	I
399	ANKIT KUMAR MEENA	22ESKCE015	CE	I
400	ANKIT MEENA	22ESKCE016	CE	I
401	ANUJ KUMAR	22ESKCE017	CE	I
402	ARJUN BHARTI MINA	22ESKCE018	CE	I
403	ASHISH KUMAR MEENA	22ESKCE019	CE	I
404	AVINASH MURAWATIYA	22ESKCE020	CE	I
405	AVINASH SUTHAR	22ESKCE021	CE	I
406	AYAN KHAN	22ESKCE022	CE	I
407	AZAD SINGH RATHORE	22ESKCE023	CE	I
408	BHAVESH SHARMA	22ESKCE024	CE	I

409	BRIJESH KUMAR	B221399	CE	I
410	CHAMAN BUDANIA	22ESKCE026	CE	I
411	CHANDRA SHEKHAR	22ESKCE027	CE	I
412	DEEKSHA SHARMA	22ESKCE028	CE	I
413	DEEPAK KUMAR	22ESKCE029	CE	I
414	DEV BANSHAL	22ESKCE030	CE	I
415	DEVANSH JHARWAL	22ESKCE031	CE	I
416	DEVANSHU DAGUR	22ESKCE032	CE	I
417	DEVANSHU OJHA	22ESKCE033	CE	I
418	DEVESH HANSAWAT	22ESKCE034	CE	I
419	GOURAV GALAV	22ESKCE035	CE	I
420	HANSRAJ MEENA	22ESKCE036	CE	I
421	HARISH BIJARNIYA	22ESKCE037	CE	I
422	HARSH KUMAR PAKAD	22ESKCE038	CE	I
423	HARSH MEENA	22ESKCE039	CE	I
424	HARSH YOGI	22ESKCE040	CE	I
425	HARSHIT PAREEK	22ESKCE041	CE	I
426	HEMA RAM DUDI	22ESKCE042	CE	I
427	HEMANT PRAJAPAT	22ESKCE043	CE	I
428	HRITIK KUMAR	22ESKCE044	CE	I
429	JAIPRAKASH GURJAR	22ESKCE045	CE	I
430	JANVI SINGH	22ESKCE046	CE	I
431	JUNED KHAN LANGA	22ESKCE047	CE	I
432	KALPITA KHINCHI	22ESKCE048	CE	I
433	KANIKA VERMA	22ESKCE049	CE	I
434	KANISHKA DHAMMAPRIYA	22ESKCE050	CE	I
435	KANISKA BARUPAL	22ESKCE051	CE	I
436	KAUSHAL MEENA	22ESKCE052	CE	I
437	KAYNAT ANSARI	22ESKCE053	CE	I
438	KISHAN LOHAR	22ESKCE054	CE	I
439	KOSHAL CHOUDHARY	22ESKCE055	CE	I
440	LAXIT THORY	22ESKCE056	CE	I
441	LOKESH KUMAR	22ESKCE057	CE	I
442	MALA MEENA	22ESKCE058	CE	I
443	MANISH KUKNA	22ESKCE059	CE	I

444	MANNAT JASROTIA	22ESKCE060	CE	I
445	MANOJ CHAUDHARY	22ESKCE061	CE	I
446	MOHIT SIHAG	22ESKCE062	CE	I
447	NAMAN SHARMA	22ESKCE063	CE	I
448	NAVEEN MEENA	22ESKCE064	CE	I
449	NIKHIL BHARDWAJ	22ESKCE065	CE	I
450	NIKITA	22ESKCE066	CE	I
451	NUPUR AGARWAL	22ESKCE067	CE	I
452	PIYUSH MEENA	22ESKCE068	CE	I
453	PRANAV SHEKHAWAT	22ESKCE069	CE	I
454	PRIYANSHU MAHAR	22ESKCE070	CE	I
455	PRIYANSHU YADAV	22ESKCE071	CE	I
456	PRIYANSHU YADAV	22ESKCE072	CE	I
457	RAHUL JORWAL	22ESKCE073	CE	I
458	RAHUL KUMAWAT	22ESKCE074	CE	I
459	RAHUL SUTHAR	22ESKCE075	CE	I
460	RAJESH KUMAR	22ESKCE076	CE	I
461	RAVI PRAKASH	22ESKCE077	CE	I
462	RAVINDRA BAIRWA	22ESKCE078	CE	I
463	RINKU PAKHRU	22ESKCE079	CE	I
464	RISHABH SAINI	22ESKCE080	CE	I
465	RITESH KUMAR MEENA	22ESKCE081	CE	I
466	ROHAN KUMAR JHA	22ESKCE082	CE	I
467	ROHAN MEENA	22ESKCE083	CE	I
468	ROHIT MEENA	22ESKCE084	CE	I
469	SACHIN DERWAL	22ESKCE085	CE	I
470	SAHIL KUMAR	22ESKCE086	CE	I
471	SANCHAY MEENA	22ESKCE087	CE	I
472	SAURABH JAKHAR	22ESKCE088	CE	I
473	SHIVANSH BHAIPHRAWAT	22ESKCE089	CE	I
474	SHUBHAM CHAUHAN	22ESKCE090	CE	I
475	SIDDHARTH CHOUDHARY	22ESKCE091	CE	I
476	SUMIT CHHABBARWAL	22ESKCE092	CE	I
477	SUMIT KUMAR MEENA	22ESKCE093	CE	I
478	SUMIT SOMANI	22ESKCE094	CE	I

479	T NIRVARAJ SINGH	22ESKCE095	CE	I
480	TANMAY JAWDA	22ESKCE096	CE	I
481	TULSIRAM BHIL	22ESKCE097	CE	I
482	VARSHA KUMARI NAGAR	22ESKCE098	CE	I
483	VARSHA MEENA	22ESKCE099	CE	I
484	VIKAS MEENA	22ESKCE100	CE	I
485	VISHAL MEENA	22ESKCE101	CE	I
486	VISHNU MINA	22ESKCE102	CE	I
487	VIVEK KUMAR MEENA	22ESKCE103	CE	I
488	WILSON MEEL	22ESKCE104	CE	I
489	YASHVARDHAN UPADHYAY	22ESKCE105	CE	I
490	YISHU MALIK	B221414	CE	I
491	YOGESH TILAWAT	22ESKCE107	CE	I
492	ABHISHEK KULARIYA	22ESKME001	ME	I
493	ADITYA SHARMA	22ESKME002	ME	I
494	ADITYA SHILU	22ESKME003	ME	I
495	AKSHAT JOSHI	22ESKME004	ME	I
496	AMAN KUMAR SINGH	22ESKME005	ME	I
497	ANUJ MEENA	22ESKME006	ME	I
498	ARBAZ MOHAMMAD	22ESKME007	ME	I
499	ARIN ARORA	22ESKME008	ME	I
500	ARJUN SINGH BHADAURIA	22ESKME009	ME	I
501	ARTHAD SINGH	22ESKME010	ME	I
502	ASHISH VATS	22ESKME011	ME	I
503	BHARAT YADAV	22ESKME012	ME	I
504	DHARAMRAJ JAT	22ESKME013	ME	I
505	DIMPLE SHARMA	22ESKME014	ME	I
506	DIVYANSHU SAIN	22ESKME015	ME	I
507	GOUTAM SHARMA	22ESKME016	ME	I
508	HANA KAZI	22ESKME017	ME	I
509	HARDIK BABBAR	22ESKME018	ME	I
510	HIMANSHU	22ESKME019	ME	I
511	IRFAN KHAN	22ESKME020	ME	I
512	JASWANT SINGH MEENA	22ESKME021	ME	I
513	KARTIK	22ESKME022	ME	I

514	KAUSHALENDRA SEHGAL	22ESKME023	ME	I
515	KHUSHIRAM CHOYAL	22ESKME024	ME	I
516	KRISHNA CHATURVEDI	22ESKME025	ME	I
517	KSHITIZ JOSHI	22ESKME026	ME	I
518	MADHVENDRA SINGH ASAWAT	22ESKME027	ME	I
519	MAHESH JAT	22ESKME028	ME	I
520	MANAN DEEDWANIYA	22ESKME029	ME	I
521	MANISH	22ESKME030	ME	I
522	MANTHAN AKAR	22ESKME031	ME	I
523	MANVENDRA SINGH RAJAWAT	22ESKME032	ME	I
524	NILESH RAGHAV	22ESKME033	ME	I
525	NITISH GUPTA	22ESKME034	ME	I
526	PIYUSH SAINI	22ESKME035	ME	I
527	PRASHANT GODARA	22ESKME036	ME	I
528	PRIYANKAR KUMAWAT	22ESKME037	ME	I
529	RAHUL SHARMA	22ESKME038	ME	I
530	SACHIN JANGID	B221472	ME	I
531	SHAMSHER	22ESKME040	ME	I
532	SHASHANK SHARMA	22ESKME041	ME	I
533	SHIVAM SINGH	22ESKME042	ME	I
534	SHUBH CHUGH	22ESKME043	ME	I
535	TOHID ASHRAFI	22ESKME044	ME	I
536	TUSHAR BHOLA	22ESKME045	ME	I
537	VIKRAM	22ESKME046	ME	I
538	AAKRATI DIXIT	22ESKCA001	CSE (AI)	I
539	AARUSHI AGARWAL	22ESKCA002	CSE (AI)	I
540	ABHAY MATHUR	22ESKCA003	CSE (AI)	I
541	ABHAY SHARMA	22ESKCA004	CSE (AI)	I
542	ABHISHEK DAS	22ESKCA005	CSE (AI)	I
543	ABHISHEK SINGH CHOUHAN	22ESKCA006	CSE (AI)	I

544	ABHISHEK TEPAN	22ESKCA007	CSE (AI)	I
545	ADITYA BAGDI	22ESKCA008	CSE (AI)	I
546	ADITYA KHABYA	22ESKCA009	CSE (AI)	I
547	ADITYA KUMAR	22ESKCA010	CSE (AI)	I
548	ADITYA SHARMA	22ESKCA011	CSE (AI)	I
549	ADITYA SINGH	22ESKCA012	CSE (AI)	I
550	ADITYA SWARNKAR	22ESKCA013	CSE (AI)	I
551	AJAY MALIYA	22ESKCA014	CSE (AI)	I
552	AKSHAT GARG	22ESKCA015	CSE (AI)	I
553	AKSHAT MEENA	22ESKCA016	CSE (AI)	I
554	AKSHAT NEPALIA	22ESKCA017	CSE (AI)	I
555	AKSHAT SHARMA	22ESKCA018	CSE (AI)	I
556	AMAAN TANVEER	22ESKCA019	CSE (AI)	I
557	AMAN JAIN	22ESKCA020	CSE (AI)	I
558	ANKIT JAGETIA	22ESKCA021	CSE (AI)	I
559	ARYAN VERMA	22ESKCA022	CSE (AI)	I
560	AURA GARG	22ESKCA023	CSE (AI)	I
561	AVI PANDEY	22ESKCA024	CSE (AI)	I
562	BHAVIKA JAIN	22ESKCA025	CSE (AI)	I

563	BHUMIKA DAGDI	22ESKCA026	CSE (AI)	I
564	BHUPENDER SINGH	22ESKCA027	CSE (AI)	I
565	BHUVNESH SHARMA	22ESKCA028	CSE (AI)	I
566	DEVANG YADAV	22ESKCA029	CSE (AI)	I
567	DHRUV SINGH	22ESKCA030	CSE (AI)	I
568	DISHANK JAIN	22ESKCA031	CSE (AI)	I
569	DIVYANSHU MODANI	22ESKCA032	CSE (AI)	I
570	GARGI SONI	22ESKCA033	CSE (AI)	I
571	GARV KHANDELWAL	22ESKCA034	CSE (AI)	I
572	GAURAV PRATAP SINGH	22ESKCA035	CSE (AI)	I
573	GAURAV SHARMA	22ESKCA036	CSE (AI)	I
574	HARDIK CHOPRA	22ESKCA037	CSE (AI)	I
575	HARISH MENARIYA	22ESKCA038	CSE (AI)	I
576	HARSH	22ESKCA039	CSE (AI)	I
577	HARSH JANGIR	22ESKCA040	CSE (AI)	I
578	HARSH SHRIMAL	22ESKCA041	CSE (AI)	I
579	HARSHAL ARORA	22ESKCA042	CSE (AI)	I
580	HARSHIKA SHARMA	22ESKCA043	CSE (AI)	I
581	HARSHINI SHARMA	22ESKCA044	CSE (AI)	I

582	HARSHIT PAREEK	22ESKCA045	CSE (AI)	I
583	HIMANSHI SHARMA	22ESKCA046	CSE (AI)	I
584	HIMANSHU MEENA	22ESKCA047	CSE (AI)	I
585	HITH PARIWALA	22ESKCA048	CSE (AI)	I
586	ISHITA AGRAWAL	22ESKCA049	CSE (AI)	I
587	JAHANVEE PAREEK	22ESKCA050	CSE (AI)	I
588	JIYA SINGHAL	22ESKCA051	CSE (AI)	I
589	KAMLESH BARALA	22ESKCA052	CSE (AI)	I
590	KANIKA MADAN	22ESKCA053	CSE (AI)	I
591	KAPIL KUMAR JARWAL	22ESKCA054	CSE (AI)	I
592	KAVYANJALI	22ESKCA055	CSE (AI)	I
593	KHUSHAL CHOUDHARY	22ESKCA056	CSE (AI)	I
594	KHUSHAL JANGID	22ESKCA057	CSE (AI)	I
595	KRISH JAIN	22ESKCA058	CSE (AI)	I
596	KRISHNA CHOUDHARY	22ESKCA059	CSE (AI)	I
597	KRISHNAV SHARMA	22ESKCA060	CSE (AI)	I
598	KRITIKA SINGH	22ESKCA061	CSE (AI)	I
599	KUSHAGRA SHARMA	B221217	CSE (AI)	I
600	LAKSHAY SONI	22ESKCA063	CSE (AI)	I

601	LOKENDER SINGH NARUKA	22ESKCA064	CSE (AI)	I
602	LOVE YADAV	22ESKCA065	CSE (AI)	I
603	MANMEET SINGH YADAV	22ESKCA066	CSE (AI)	I
604	MANNAT PANGOTRA	22ESKCA067	CSE (AI)	I
605	MANVI DEVI	22ESKCA068	CSE (AI)	I
606	MAYURI JAIN	22ESKCA069	CSE (AI)	I
607	MD ARIF ANSARI	22ESKCA070	CSE (AI)	I
608	MEHUL SHARMA	22ESKCA071	CSE (AI)	I
609	MOHIT CHANDEL	22ESKCA072	CSE (AI)	I
610	MOULIK MATHUR	22ESKCA073	CSE (AI)	I
611	NAKSHATRA NAHAR	22ESKCA074	CSE (AI)	I
612	NAMAN	22ESKCA075	CSE (AI)	I
613	NAMYA JAISWAL	22ESKCA076	CSE (AI)	I
614	NAVEEN KUMAR	22ESKCA077	CSE (AI)	I
615	NAWEL ASGAR	22ESKCA078	CSE (AI)	I
616	NEERAJ KUMAR KHANDELWAL	22ESKCA079	CSE (AI)	I
617	NIKHIL GUPTA	22ESKCA080	CSE (AI)	I
618	NILAY JAIN	22ESKCA081	CSE (AI)	I
619	NIMIT AGRAWAL	22ESKCA082	CSE (AI)	I

620	NIRBHAY SINGH GURJAR	22ESKCA083	CSE (AI)	I
621	PALAK AGRAWAL	22ESKCA084	CSE (AI)	I
622	PALAK KAWADIA	22ESKCA085	CSE (AI)	I
623	PARTH JAIN	22ESKCA086	CSE (AI)	I
624	PEEYUSH SAPRE	22ESKCA087	CSE (AI)	I
625	PIGANSI GAUR	22ESKCA088	CSE (AI)	I
626	PRAJJWAL RAJORIA	22ESKCA089	CSE (AI)	I
627	PRASHANT JHAWA	22ESKCA090	CSE (AI)	I
628	PRATHMESH TIWARI	22ESKCA091	CSE (AI)	I
629	PRERANA MEHTA	22ESKCA092	CSE (AI)	I
630	PRERNA BHARGAV	22ESKCA093	CSE (AI)	I
631	PRIYANSHI JAIN	22ESKCA094	CSE (AI)	I
632	PRIYANSHU JAIN	22ESKCA095	CSE (AI)	I
633	PRIYANSHU MAMODIA	22ESKCA096	CSE (AI)	I
634	PRONAY BHOUMICK	22ESKCA097	CSE (AI)	I
635	PURVA PUNIA	22ESKCA098	CSE (AI)	I
636	RAASHIKA SHARMA	22ESKCA099	CSE (AI)	I
637	RAHUL KUMAR JONWAL	22ESKCA100	CSE (AI)	I
638	RAHUL PRAJAPAT	22ESKCA101	CSE (AI)	I

639	RIMJHIM KULSHRESTHA	22ESKCA102	CSE (AI)	I
640	RISHABH TOMAR	22ESKCA103	CSE (AI)	I
641	RUPAL JANGID	22ESKCA104	CSE (AI)	I
642	SAHAJ VAISHNAV	22ESKCA105	CSE (AI)	I
643	SAMAKSH SAXENA	22ESKCA106	CSE (AI)	I
644	SANIDHYA SINGHAL	22ESKCA107	CSE (AI)	I
645	SANIKA VISHWAJIT PATIL	22ESKCA108	CSE (AI)	I
646	SAURABH SHARMA	22ESKCA109	CSE (AI)	I
647	SHAGUN RATHORE	22ESKCA110	CSE (AI)	I
648	SHIKSHA ARORA	22ESKCA111	CSE (AI)	I
649	SHIVAM SHEORAN	22ESKCA112	CSE (AI)	I
650	SHIVENDER JYANI	22ESKCA113	CSE (AI)	I
651	SOMIL PANWAR	22ESKCA114	CSE (AI)	I
652	SPARSH SINGH CHUNDAWAT	22ESKCA115	CSE (AI)	I
653	TANISHKA BHATNAGAR	22ESKCA116	CSE (AI)	I
654	TANISHQ JAISWAL	22ESKCA117	CSE (AI)	I
655	TANUJ SINGH RAJPUT	22ESKCA118	CSE (AI)	I
656	VAIBHAV GUPTA	22ESKCA119	CSE (AI)	I
657	VAIBHAV JANGIR	22ESKCA120	CSE (AI)	I

658	VANDIT SHARMA	B221488	CSE (AI)	I
659	VANSH RAWAT	22ESKCA122	CSE (AI)	I
660	VARUN SONI	22ESKCA123	CSE (AI)	I
661	VIBHORE MATHUR	22ESKCA124	CSE (AI)	I
662	VINAY KUMAR AGARWAL	22ESKCA125	CSE (AI)	I
663	VISHAKHA RAWAT	22ESKCA126	CSE (AI)	I
664	VISHAL GULWANI	22ESKCA127	CSE (AI)	I
665	VIVEK PAREEK	22ESKCA128	CSE (AI)	I
666	AADISH JANGID	22ESKIT001	IT	I
667	AAKASH SAINI	22ESKIT002	IT	I
668	AAYUSHMAN SHARMA	22ESKIT003	IT	I
669	ABHIJEET SINGH	22ESKIT004	IT	I
670	ABHINAV	22ESKIT005	IT	I
671	ABHINAV SHARMA	22ESKIT006	IT	I
672	ABHINAV SONI	22ESKIT007	IT	I
673	ABHISHEK BAIRWA	22ESKIT008	IT	I
674	ADARSH MOHAN SINGH	22ESKIT009	IT	I
675	ADITYA SHARMA	22ESKIT010	IT	I
676	AKSHAY KUMAR DUBEY	22ESKIT011	IT	I
677	AKSHITA MISHRA	22ESKIT012	IT	I
678	AMAN JAIN	22ESKIT013	IT	I
679	AMAN KHAROL	22ESKIT014	IT	I
680	AMAN VIJAYVERGIYA	22ESKIT015	IT	I
681	ANIMA JOHRI	22ESKIT016	IT	I
682	ANMOL KUMAR GUPTA	22ESKIT017	IT	I
683	ANSH JAIN	22ESKIT018	IT	I
684	ARHAM MEHTA	22ESKIT019	IT	I
685	ARIN KUMAWAT	22ESKIT020	IT	I

686	ARJUN SINGH MAHLA	22ESKIT021	IT	I
687	ARUSHI PAREEK	22ESKIT022	IT	I
688	ARVIND VISHNOI	22ESKIT023	IT	I
689	ARYAN SAINI	22ESKIT024	IT	I
690	ATULYA KHANDELWAL	22ESKIT025	IT	I
691	AYUSH JAIN	22ESKIT026	IT	I
692	BHAVYA KHAIRAJANI	22ESKIT027	IT	I
693	CHINMAY JAIN	22ESKIT028	IT	I
694	CHINMAY MATHUR	22ESKIT029	IT	I
695	CHITRA RAJAWAT	22ESKIT030	IT	I
696	DEEPAK KUMAR MISHRA	22ESKIT031	IT	I
697	DEEPANSHI GANDHI	22ESKIT032	IT	I
698	DEVANSH BHARDWAJ	22ESKIT033	IT	I
699	DEVANSH CHALANA	22ESKIT034	IT	I
700	DEWANSH PARASHAR	22ESKIT035	IT	I
701	DHRUV BANSAL	22ESKIT036	IT	I
702	DHULIPUDI SRINIVAS PRAKASH	22ESKIT037	IT	I
703	DIVANSHU JAIN	22ESKIT038	IT	I
704	DIVYANSH GOYAL	22ESKIT039	IT	I
705	DIVYANSH MANGAL	22ESKIT040	IT	I
706	DIVYANSH SHARMA	22ESKIT041	IT	I
707	DIYA BARI	22ESKIT042	IT	I
708	GAGAN RAWAT	22ESKIT043	IT	I
709	GARGI GUPTA	22ESKIT044	IT	I
710	GARVIT SAINI	22ESKIT045	IT	I
711	GARVIT SHARMA	22ESKIT046	IT	I
712	GAURAV	22ESKIT047	IT	I
713	GAURAV KHANDELWAL	22ESKIT048	IT	I
714	GOPAL SINGH SHEKHAWAT	22ESKIT049	IT	I
715	GULSHAN KUMAR SAINI	22ESKIT050	IT	I
716	HARDIK GUPTA	22ESKIT051	IT	I
717	HARISHNATH	22ESKIT052	IT	I
718	HARSH JAIN	22ESKIT053	IT	I
719	HARSH JAIN	22ESKIT054	IT	I
720	HARSH KUMAR JHA	22ESKIT055	IT	I

721	HARSH SINGHAL	22ESKIT056	IT	I
722	HARSHIT GARG	22ESKIT057	IT	I
723	HEMISH JAIN	22ESKIT058	IT	I
724	HETAL KUMAWAT	22ESKIT059	IT	I
725	HIMANSHU SAINI	22ESKIT060	IT	I
726	HIRANSHI JAIN	22ESKIT061	IT	I
727	ISHAAN PAREEK	22ESKIT062	IT	I
728	JAGRATI PAREEK	22ESKIT063	IT	I
729	JAGRITEE AKHOURI	22ESKIT064	IT	I
730	JAIYESH CHOUDHARY	22ESKIT065	IT	I
731	JAPJEET SINGH CHHABRA	22ESKIT066	IT	I
732	JITESH SINGH	22ESKIT067	IT	I
733	JYOTI SAINI	22ESKIT068	IT	I
734	KAMAL SHARMA	22ESKIT069	IT	I
735	KANAK DADHEECH	22ESKIT070	IT	I
736	KANISHK JAIN	22ESKIT071	IT	I
737	KARAN ASIJA	22ESKIT072	IT	I
738	KARAN SHARMA	22ESKIT073	IT	I
739	KARTIK YADAV	22ESKIT074	IT	I
740	KASHISH GOYAL	22ESKIT075	IT	I
741	KAUSTUBH CONSUL	22ESKIT076	IT	I
742	KESHAV AGARWAL	22ESKIT077	IT	I
743	KESHAV KABRA	22ESKIT078	IT	I
744	KHUSHI BHATI	22ESKIT079	IT	I
745	KHUSHI RATHI	22ESKIT080	IT	I
746	KHUSHI SHARMA	22ESKIT081	IT	I
747	KOMAL JANGIR	22ESKIT082	IT	I
748	KRISH NANDWANA	22ESKIT083	IT	I
749	KSHITIJ AGRAWAL	22ESKIT084	IT	I
750	KULDEEP SINGH	22ESKIT085	IT	I
751	KUNAL VISHNOI	22ESKIT086	IT	I
752	KUSHAL JAIN	22ESKIT087	IT	I
753	LUCKY PANCHAL	22ESKIT088	IT	I
754	MALVI SINGH	22ESKIT089	IT	I
755	MANASWI RAJ SHARMA	22ESKIT090	IT	I

756	MANISH KUMAR	22ESKIT091	IT	I
757	MANISH SHARMA	22ESKIT092	IT	I
758	MAYANK TAK	22ESKIT093	IT	I
759	MILAN KUMAR	22ESKIT094	IT	I
760	MOHIT MITTAL	22ESKIT095	IT	I
761	MOULIK JINDAL	22ESKIT096	IT	I
762	MUKUT SAINI	22ESKIT097	IT	I
763	MUSKAN SHARMA	22ESKIT098	IT	I
764	NAKUL SONI	22ESKIT099	IT	I
765	NAMAN ARORA	22ESKIT100	IT	I
766	NAMAN BHOJWANI	22ESKIT101	IT	I
767	NANCY GUPTA	22ESKIT102	IT	I
768	NAVEEN JANGID	22ESKIT103	IT	I
769	NIHAL CHAND MANDHANA	22ESKIT104	IT	I
770	NIKHIL GUPTA	22ESKIT105	IT	I
771	NITESH KUMAR	22ESKIT106	IT	I
772	NITESH SINGH	22ESKIT107	IT	I
773	NITISHA VIJAY	22ESKIT108	IT	I
774	OSHIMA SHARMA	22ESKIT109	IT	I
775	PALAK JAIN	22ESKIT110	IT	I
776	PALAK VARSHNEY	22ESKIT111	IT	I
777	PARIDHI JAIN	22ESKIT112	IT	I
778	PINAK SHARMA	22ESKIT113	IT	I
779	PRADEEP KUMAR SHARMA	22ESKIT114	IT	I
780	PRADEEP VERMA	22ESKIT115	IT	I
781	PRAGATI NARUKA	22ESKIT116	IT	I
782	PRANAY SAXENA	22ESKIT117	IT	I
783	PRATEEK KUSHWAH	22ESKIT118	IT	I
784	PRATHAM PARIKH	22ESKIT119	IT	I
785	PRATIK I PATEL	22ESKIT120	IT	I
786	PRATINAV KOTHIA	B221195	IT	I
787	PRERAK KHUNTETA	22ESKIT122	IT	I
788	PRIYANSHI BANSAL	22ESKIT123	IT	I
789	PRIYANSHU KHANDELWAL	22ESKIT124	IT	I
790	PULKIT AASHIYA	22ESKIT125	IT	I

791	PULKIT SARAWATA	22ESKIT126	IT	I
792	PULKIT VYAS	22ESKIT127	IT	I
793	RACHIT KUMAR SAINI	22ESKIT128	IT	I
794	RAVI SHARMA	22ESKIT130	IT	I
795	RISHABH JAIN	22ESKIT131	IT	I
796	RISHABH MATOLIYA	22ESKIT132	IT	I
797	RISHITA PANWAR	22ESKIT133	IT	I
798	ROHIT BATRA	22ESKIT134	IT	I
799	RUBI GUPTA	22ESKIT135	IT	I
800	RUCHI GUPTA	22ESKIT136	IT	I
801	RUCHI KHEMKA	22ESKIT137	IT	I
802	RUPAL SHARMA	22ESKIT138	IT	I
803	SACHIN	22ESKIT139	IT	I
804	SACHIN SINGH RAWAT	22ESKIT140	IT	I
805	SAHIL TAPARIYA	22ESKIT141	IT	I
806	SAJEE SHAH	22ESKIT142	IT	I
807	SAKSHAM AGARWAL	22ESKIT143	IT	I
808	SAKSHAM JAIN	22ESKIT144	IT	I
809	SAMYAK PATNI	22ESKIT145	IT	I
810	SANDEEP KUMAWAT	22ESKIT146	IT	I
811	SAURABH KUMAR	22ESKIT147	IT	I
812	SHABD JAKHAR	22ESKIT148	IT	I
813	SHIVAM KAUSHAL	22ESKIT149	IT	I
814	SHIVAM KUMAWAT	22ESKIT150	IT	I
815	SHIVANSH KHANDELWAL	22ESKIT151	IT	I
816	SHREYA HEDA	22ESKIT152	IT	I
817	SHREYA KHANDELWAL	22ESKIT153	IT	I
818	SHREYA SAMARIYA	22ESKIT154	IT	I
819	SHRISTI AGRAWAL	22ESKIT155	IT	I
820	SHUBHAM UPADHYAY	22ESKIT156	IT	I
821	SHUBHANJALI SAHGAL	22ESKIT157	IT	I
822	SHUBHI JINDAL	22ESKIT158	IT	I
823	SIDDHARTH PAREEK	22ESKIT159	IT	I
824	SIDDHIKA MATHUR	22ESKIT160	IT	I
825	SNEHA BANSAL	22ESKIT161	IT	I

826	SOBHIT SINGH	22ESKIT162	IT	I
827	SOUMYA KHANDELWAL	22ESKIT163	IT	I
828	SUMIT SHARMA	22ESKIT164	IT	I
829	TANISHA KATARIA	22ESKIT165	IT	I
830	TANISHA KHANDELWAL	22ESKIT166	IT	I
831	TANISHQ JAISWAL	22ESKIT167	IT	I
832	TANMAY KHANDELWAL	22ESKIT168	IT	I
833	TANMAY KUMAWAT	22ESKIT169	IT	I
834	TANMAY YADAV	22ESKIT170	IT	I
835	TANUJ SHARMA	22ESKIT171	IT	I
836	TARUN KUMAR	22ESKIT172	IT	I
837	UJJWAL AGARWAL	22ESKIT173	IT	I
838	UTTAM SINGH	22ESKIT174	IT	I
839	VAGEESH AGARWAL	22ESKIT175	IT	I
840	VAIBHAV PORWAL	22ESKIT176	IT	I
841	VAIBHAV SAXENA	22ESKIT177	IT	I
842	VANSH BANSAL	22ESKIT178	IT	I
843	VARUN PARMAR	22ESKIT179	IT	I
844	VIDHYANG JAIN	22ESKIT180	IT	I
845	VIKAS BANSAL	22ESKIT181	IT	I
846	VIKRAM SINGH	22ESKIT182	IT	I
847	VINAYAK DHOBI	22ESKIT183	IT	I
848	VISHAL SAINI	22ESKIT184	IT	I
849	VISHAL SHARMA	22ESKIT185	IT	I
850	VISHU NAWARIYA	22ESKIT186	IT	I
851	YASH CHHONKAR	22ESKIT187	IT	I
852	YASH JANGID	22ESKIT188	IT	I
853	YASH PAREEK	22ESKIT189	IT	I
854	YASHASVI PANDEY	22ESKIT190	IT	I
855	YATHARTH BAJAJ	22ESKIT191	IT	I
856	AATIK KOTHARI	22ESKCY001	IOT	I
857	AAYUSHMAAN SONI	22ESKCY002	IOT	I
858	ABHIMANYU BANERJEE	22ESKCY003	IOT	I
859	ABHINAV SHARMA	22ESKCY004	IOT	I
860	AMAN RAJ	22ESKCY005	IOT	I

861	ANJALI VIJAY	22ESKCY006	IOT	I
862	ANUSHKA VYAS	22ESKCY007	IOT	I
863	ARCHI	22ESKCY008	IOT	I
864	ARYAN RAWAT	22ESKCY009	IOT	I
865	ATHARVA SHARMA	22ESKCY010	IOT	I
866	BHAVESH LALWANI	22ESKCY011	IOT	I
867	BHAWANA CHAUHAN	22ESKCY012	IOT	I
868	DEEPANSHU	22ESKCY013	IOT	I
869	DEVANSHI JAIN	22ESKCY014	IOT	I
870	DEVEN SHARMA	22ESKCY015	IOT	I
871	DEVENDRA KUSHWAH	22ESKCY016	IOT	I
872	DIVANSHI SHARMA	22ESKCY017	IOT	I
873	GARVIT BHARDWAJ	22ESKCY018	IOT	I
874	GAURAV JAISWAL	22ESKCY019	IOT	I
875	GAURAV LALWANI	22ESKCY020	IOT	I
876	GUNJAN AGARWAL	22ESKCY021	IOT	I
877	HARSH NAGORI	22ESKCY022	IOT	I
878	HIMANGI ACHARYA	22ESKCY023	IOT	I
879	KANISHK SHARMA	22ESKCY024	IOT	I
880	KASHIKA SAXENA	22ESKCY025	IOT	I
881	KASHISH SINGHAL	22ESKCY026	IOT	I
882	KAUSTUBH SAXENA	22ESKCY027	IOT	I
883	KHUSHAL KUMAR	22ESKCY028	IOT	I
884	KRISHNA SWAMI	22ESKCY029	IOT	I
885	KUNAL BINWAL	22ESKCY030	IOT	I
886	LAKSHYA BENIWAL	22ESKCY031	IOT	I
887	LUCKY JAIN	22ESKCY032	IOT	I
888	MANOJ YADAV	22ESKCY033	IOT	I
889	NEHA MIRANI	22ESKCY034	IOT	I
890	NITIN KUMAR SAINI	22ESKCY035	IOT	I
891	PARTH SARATHI SHARMA	22ESKCY036	IOT	I
892	PAWAN KUMAR SHARMA	22ESKCY037	IOT	I
893	PRASHANT SINGH HOODA	22ESKCY038	IOT	I
894	PRERNA PAMNANI	22ESKCY039	IOT	I
895	PRIYA	22ESKCY040	IOT	I

896	PRIYAM AGARWAL	22ESKCY041	IOT	I
897	RACHIT CHATURVEDI	22ESKCY042	IOT	I
898	RADHE TAILOR	22ESKCY043	IOT	I
899	RISHABH MEHTA	22ESKCY044	IOT	I
900	RUCHIKA	22ESKCY045	IOT	I
901	SAHIBA TANEJA	22ESKCY046	IOT	I
902	SAJAL KUNTAL	22ESKCY047	IOT	I
903	SANTOSHI SWAIN	22ESKCY048	IOT	I
904	SANYAM RAO	22ESKCY049	IOT	I
905	SATWIK GOYAL	22ESKCY050	IOT	I
906	SHIVAM AGARWAL	22ESKCY051	IOT	I
907	SHIVENDRA SINGH	22ESKCY052	IOT	I
908	SIDDHARTH CHOUDHARY	22ESKCY053	IOT	I
909	UTKARSH KUMAWAT	22ESKCY054	IOT	I
910	VIKAS CHOUDHARY	22ESKCY055	IOT	I
911	VISHAL ANAND	22ESKCY056	IOT	I
912	VISHAL KUMAR	22ESKCY057	IOT	I
913	YASH PALIWAL	22ESKCY058	IOT	I
914	YASH SHARMA	22ESKCY059	IOT	I
915	AAGAM JAIN	22ESKEC001	EC	I
916	AANIYA SAXENA	22ESKEC002	EC	I
917	AAYUSH ARORA	22ESKEC003	EC	I
918	ABHI KUMAR GUPTA	22ESKEC004	EC	I
919	ADITYA SHARMA	22ESKEC005	EC	I
920	AESHA SUTHAR	22ESKEC006	EC	I
921	AGRAVI YADAV	22ESKEC007	EC	I
922	AKSHAT GAUTAM	22ESKEC008	EC	I
923	AKSHAY JAIN	22ESKEC009	EC	I
924	AKSHITA JAIN	22ESKEC010	EC	I
925	AMAN GAUR	22ESKEC011	EC	I
926	ANKIT KUMAR SINGHAL	22ESKEC012	EC	I
927	ANKIT MEHTA	22ESKEC013	EC	I
928	ANMOL SONI	22ESKEC014	EC	I
929	ANUSHKA PRAJAPATI	22ESKEC015	EC	I
930	APOORV YADAV	22ESKEC016	EC	I

931	ARNAV DADHICH	22ESKEC017	EC	I
932	ARYAN DEROLIYA	22ESKEC018	EC	I
933	ASHITA BANSAL	22ESKEC019	EC	I
934	ASHU PRAJAPAT	22ESKEC020	EC	I
935	BABIT SHARMA	22ESKEC021	EC	I
936	BHAVESH GUPTA	22ESKEC022	EC	I
937	BHAVYA AGARWAL	22ESKEC023	EC	I
938	BHAWESH JAIN	22ESKEC024	EC	I
939	DARSH AGRAWAL	22ESKEC025	EC	I
940	DARSHAN KHANDELWAL	22ESKEC026	EC	I
941	DEEPAK KHINCHI	22ESKEC027	EC	I
942	DEEPAK KUMAR SHARMA	22ESKEC028	EC	I
943	DEEPAK SHARMA	B221105	EC	I
944	DEEPESH SHARMA	22ESKEC030	EC	I
945	DEEPMALA SHARMA	22ESKEC031	EC	I
946	DEVENDRA KUMAR	22ESKEC032	EC	I
947	DIVYANSH JAIN	22ESKEC033	EC	I
948	DUSHYANT CHOUDHARY	22ESKEC034	EC	I
949	FATEH SHARMA	22ESKEC035	EC	I
950	GAUTAM MEENA	22ESKEC036	EC	I
951	GOURVANGI SHARMA	22ESKEC037	EC	I
952	HARISH KUMAR BAIRAGI	22ESKEC038	EC	I
953	HARSH SHARMA	22ESKEC039	EC	I
954	HARSHIT AGARWAL	22ESKEC040	EC	I
955	HARSHITA KHATKAR	22ESKEC041	EC	I
956	HARSHITA NENWANI	22ESKEC042	EC	I
957	IMANSHI	22ESKEC043	EC	I
958	JITENDRA SHARMA	22ESKEC044	EC	I
959	JUHI GARG	22ESKEC045	EC	I
960	KARTIK SHARMA	22ESKEC046	EC	I
961	KEERTEE BANSAL	22ESKEC047	EC	I
962	KESHAV TOSHNIWAL	22ESKEC048	EC	I
963	KHUSHI JANGID	22ESKEC049	EC	I
964	KHUSHI PUROHIT	22ESKEC050	EC	I
965	KHUSHI SHARMA	22ESKEC051	EC	I

966	KHWAISH SAINI	22ESKEC052	EC	I
967	KIRAN KUMAR	22ESKEC053	EC	I
968	KULDEEP SINGH RATHORE	22ESKEC054	EC	I
969	MANISH SINGH	22ESKEC055	EC	I
970	MANISHA	22ESKEC056	EC	I
971	MANVENDRA SINGH CHAUHAN	22ESKEC057	EC	I
972	MD. RAFID HALDER	22ESKEC058	EC	I
973	MINUK SONI	22ESKEC059	EC	I
974	MOHINI MANGAL	22ESKEC060	EC	I
975	MOHIT KUMAR PRAJAPATI	22ESKEC061	EC	I
976	MOHIT KUMAR VIJAY	22ESKEC062	EC	I
977	NAITIK GARG	22ESKEC063	EC	I
978	NITIN SHARMA	22ESKEC064	EC	I
979	PARAM NAYAK	22ESKEC065	EC	I
980	AADITYA PAREEK	22ESKEE001	EE	I
981	AAKASH KUMAR MAHAWAR	22ESKEE002	EE	I
982	AASHISH	22ESKEE003	EE	I
983	ABHISHEK KUMAR	22ESKEE004	EE	I
984	ADITYA CHOUHAN	22ESKEE005	EE	I
985	ADITYA PAREEK	22ESKEE006	EE	I
986	AKSHAT KUMAR GOSWAMI	22ESKEE007	EE	I
987	AKSHIT	22ESKEE008	EE	I
988	AMAN KUMAR	22ESKEE009	EE	I
989	AMAN YADAV	22ESKEE010	EE	I
990	AMBIKESH CHOUDHARY	22ESKEE011	EE	I
991	ANIRUDDH GAUTAM	22ESKEE012	EE	I
992	ANKIT BHURIA	22ESKEE013	EE	I
993	ANKIT LOYAL	22ESKEE014	EE	I
994	ANUJ TAK	22ESKEE015	EE	I
995	AVINASH JAIN	22ESKEE016	EE	I
996	AYUSH AGARWAL	22ESKEE017	EE	I
997	AYUSH NARAYAN	22ESKEE018	EE	I
998	AYUSH VERMA	22ESKEE019	EE	I
999	CHANDRAVEER SINGH SHEKHAWAT	22ESKEE020	EE	I

1000	DAKSHESH SURA	22ESKEE021	EE	I
1001	DEEPAK KUMAR	22ESKEE022	EE	I
1002	DEVIK RATHORE	22ESKEE023	EE	I
1003	DHRUV BANSAL	22ESKEE024	EE	I
1004	DIPESH DOUR	22ESKEE025	EE	I
1005	DIVYANSHU SINGH	22ESKEE026	EE	I
1006	GAURAV MEHTA	22ESKEE027	EE	I
1007	GOURAV SINGH CHOUHAN	22ESKEE028	EE	I
1008	GOURAV YADAV	22ESKEE029	EE	I
1009	HARSH GARU	22ESKEE030	EE	I
1010	HEMANT KUMAR	22ESKEE031	EE	I
1011	HIMANSHU MEENA	22ESKEE032	EE	I
1012	HITESH KUMAR	22ESKEE033	EE	I
1013	KANISHKA CHOUDHARY	22ESKEE034	EE	I
1014	KARAN VIRMANI	22ESKEE035	EE	I
1015	KARTIKI KAPOOR	22ESKEE036	EE	I
1016	KAUTILYA JANGID	22ESKEE037	EE	I
1017	KHUSHI CHOUHAN	22ESKEE038	EE	I
1018	KRISH GADHWAL	22ESKEE039	EE	I
1019	KULDEEP GURJAR	22ESKEE040	EE	I
1020	KUNAL SUNDESHA	22ESKEE041	EE	I
1021	KUSH DUBEY	22ESKEE042	EE	I
1022	KUSHAGRA SHARMA	22ESKEE043	EE	I
1023	LAKSHYA KUMAR JINDAL	22ESKEE044	EE	I
1024	LOKENDRA SINGH	22ESKEE045	EE	I
1025	MAHAK MAYANI	22ESKEE046	EE	I
1026	MANVISH GHUSINGA	22ESKEE047	EE	I
1027	MAYANK JAIN	22ESKEE048	EE	I
1028	MOHIT KUMAR	22ESKEE049	EE	I
1029	NAMAN TIWARI	22ESKEE050	EE	I
1030	NIKHIL	22ESKEE051	EE	I
1031	NIKHIL SHARMA	22ESKEE052	EE	I
1032	PREM KUMAR MEEL	22ESKEE053	EE	I
1033	PRIYANSHU SINGH PANWAR	22ESKEE054	EE	I
1034	PULKIT DHANGAR	22ESKEE055	EE	I

1035	RAHUL SHARMA	22ESKEE056	EE	I
1036	RAM SHARMA	22ESKEE057	EE	I
1037	RASHI JINDAL	22ESKEE058	EE	I
1038	PAVITRA GAUTAM	22ESKEC066	EC	I
1039	PRIYAL TOSHNIWAL	22ESKEC067	EC	I
1040	RAGHAV SHARMA	22ESKEC068	EC	I
1041	RAHUL	22ESKEC069	EC	I
1042	RAHUL SHYORAN	22ESKEC070	EC	I
1043	RIDHI GANDHI	22ESKEC071	EC	I
1044	RITIK KUMAR	22ESKEC072	EC	I
1045	RITVIK SHARMA	22ESKEC073	EC	I
1046	RONIT SHARMA	22ESKEC074	EC	I
1047	SAHIL BOHRA	22ESKEC075	EC	I
1048	SANDEEP KUMAR	22ESKEC076	EC	I
1049	SANSKAR CHATURVEDI	22ESKEC077	EC	I
1050	SANYA BHATNAGAR	22ESKEC078	EC	I
1051	SATVIK MEENA	22ESKEC079	EC	I
1052	SHIVAM KUMAR	22ESKEC080	EC	I
1053	SHUBHAM SHARMA	22ESKEC081	EC	I
1054	SOMIL KHANDELWAL	22ESKEC082	EC	I
1055	SOUMYA BANSAL	22ESKEC083	EC	I
1056	SUJAL JOSHI	22ESKEC084	EC	I
1057	SUMIT MAHALA	22ESKEC085	EC	I
1058	SURAJ SINGH GAHLOT	22ESKEC086	EC	I
1059	SURBHI JAIN	22ESKEC087	EC	I
1060	TANISHKA JAIN	22ESKEC088	EC	I
1061	TANYA DWIVEDI	22ESKEC089	EC	I
1062	THANVI JAIN	22ESKEC090	EC	I
1063	TISHA SAINI	22ESKEC091	EC	I
1064	TUSHAR JAIN	22ESKEC092	EC	I
1065	TUSHAR SINGH CHUNDAWAT	22ESKEC093	EC	I
1066	VATSAL VASHISHTHA	22ESKEC094	EC	I
1067	VIVEK GARG	22ESKEC095	EC	I
1068	YASH SINGH RAWAT	22ESKEC096	EC	I
1069	RISHI RAJ SINGH	22ESKEE059	EE	I

1070	RITESH GUPTA	22ESKEE060	EE	I
1071	RITIK SAIN	22ESKEE061	EE	I
1072	ROSHNI TIRTHANI	22ESKEE062	EE	I
1073	SAKSHI	22ESKEE063	EE	I
1074	SANIDHYA JANGID	22ESKEE064	EE	I
1075	SATYAM	22ESKEE065	EE	I
1076	SAURABH KUMAR	22ESKEE066	EE	I
1077	SHISHUPAL JATAV	22ESKEE067	EE	I
1078	SNEHAL GAJRAJ	22ESKEE068	EE	I
1079	SONIYA PRAJAPAT	22ESKEE069	EE	I
1080	TANIYA KHAN	22ESKEE070	EE	I
1081	TANMAY NAGAR	22ESKEE071	EE	I
1082	TARUN KUMAWAT	22ESKEE072	EE	I
1083	TUSHAR PANCHAL	22ESKEE073	EE	I
1084	UTTAM JANGID	22ESKEE074	EE	I
1085	VAIBHAV KUMAWAT	22ESKEE075	EE	I
1086	VINAY KUMAR	22ESKEE076	EE	I
1087	VINAY SONI	22ESKEE077	EE	I
1088	VISHAL JYANI	22ESKEE078	EE	I
1089	YAMAN DUCHANIYA	22ESKEE079	EE	I
1090	YASHASVA BANSAL	22ESKEE080	EE	I

Photographs of the event:-











Yoga Session for MBA I Year Students

Date :- 10th November 2022

Time :- 8:30 am

Venue :- Cricket Ground

Mode of the event : - Offline

Notice of the event: -

The notice is from the Swami Keshvanand Institute of Technology Management & Gramothan. It is titled "YOGA AND MEDITATION CLUB" and is dated 6/11/2022. The notice is for a one-day event called "Yoga for Mobility" on 10th November 2022, from 8:30 am to 10:30 am, at the Cricket Ground. The event is organized by the Yoga and Meditation Club, which is inspired and trained by Mr. Satyaveer Singh sir (yoga expert). The notice lists student coordinators Daksh Katewa and Manjeet Singh, and faculty coordinators Ruchika Khandelwal and Satyaveer Singh. A large watermark "EXTRACURRICULAR ACTIVITIES" is visible across the notice.

Swami Keshvanand Institute of Technology Management & Gramothan

YOGA AND MEDITATION CLUB

COK/SKIT/ 62 DATE: 6/11/2022

NOTICE

Yoga and Meditation Club is organizing a one day event “**Yoga for Mobility**”. This event will provide you new insight about yoga and meditation. All the students of MBA are requested to participate in this event and get inspired and trained by **Mr. Satyaveer Singh sir (yoga expert)** on 10th November 2022.

Venue: Cricket Ground
(Timings: 10th November 2022, 8:30 – 10:30 am)

Student coordinators
Daksh Katewa :9414351002
Manjeet Singh:8890786967

Faculty coordinators
Ruchika Khandelwal:9828159333
Satyaveer Singh:9785118885

EXTRACURRICULAR ACTIVITIES

SKIT JAIPOUR

Swami Keshvanand Institute of Technology Management & Gramothan 202017 101 141 5160400

The Aims and Objective of the Event:- A yoga session of 2 hour was organized by Yoga and Meditation club to :

- Boost up their immunity.
- To attain higher level of consciousness.
- To Built up Strength and feel the inner peace of mind.
- To posses emotional stability .

Details/List of teacher participants:-

S.No.	Name of Faculty	Name of Department
1	Mr. Satyaveer Singh (Yoga Instructor)	Electrical Engineering
2	Ms. Ruchika Khandelwal	CSE

Details/List of student participants:-

S.No.	Name of Student	Roll No.	Branch	Year
1	Aayushi Pahariya	22MSKXX600	MBA	I
2	Abhishek Chaudhary	22MSKXX601	MBA	I
3	Aman Bansal	22MSKXX602	MBA	I
4	Amit Sharma	22MSKXX603	MBA	I
5	Ankit Singh	22MSKXX604	MBA	I
6	Aris Yadav	22MSKXX605	MBA	I
7	Arti Soni	22MSKXX606	MBA	I
8	Ashutosh Jangid	22MSKXX607	MBA	I
9	Ashutosh Tiwari	22MSKXX608	MBA	I
10	Atish Kumar Ray	22MSKXX609	MBA	I
11	Bhaskar Agarwal	22MSKXX610	MBA	I
12	Chirag Saini	22MSKXX611	MBA	I
13	Deepika Babberwal	22MSKXX612	MBA	I
14	Divyanshi Ledwani	22MSKXX613	MBA	I
15	Ekta Sharma	22MSKXX614	MBA	I
16	Gautam Jaiswal	22MSKXX615	MBA	I
17	Gorang Sharma	22MSKXX616	MBA	I
18	Govind Jangid	22MSKXX617	MBA	I
19	Heeralal Meena	22MSKXX618	MBA	I

20	Himani Arora	22MSKXX619	MBA	I
21	Himanshi Sharma	22MSKXX620	MBA	I
22	Jatin Khandelwal	22MSKXX621	MBA	I
23	Juby George	22MSKXX622	MBA	I
24	Kanchan Shakya	22MSKXX623	MBA	I
25	Khushbu Bhat	22MSKXX624	MBA	I
26	Khushi Makwana	22MSKXX625	MBA	I
27	Khushi Singhal	22MSKXX626	MBA	I
28	Komal Sharma	22MSKXX627	MBA	I
29	Lavina Dhawan	22MSKXX628	MBA	I
30	Laxmi Choudhary	22MSKXX629	MBA	I
31	Mohit Chauhan	22MSKXX630	MBA	I
32	Mohit Kumar	22MSKXX631	MBA	I
33	Monika Kasliwal	22MSKXX632	MBA	I
34	Mukesh Kumar	22MSKXX633	MBA	I
35	Mulsaniya Hitekshaben Hareshbhai	22MSKXX634	MBA	I
36	Naveen Choudhary	22MSKXX635	MBA	I
37	Nihal Soni	22MSKXX636	MBA	I
38	Nisha Saraswat	D220044	MBA	I
39	Nitish	22MSKXX638	MBA	I
40	Pooja Verma	22MSKXX640	MBA	I
41	Pranay Tiwari	22MSKXX641	MBA	I
42	Pratistha Pareek	22MSKXX642	MBA	I
43	Prerna Sharma	22MSKXX643	MBA	I
44	Pritam Polley	22MSKXX644	MBA	I
45	Rahul Chugh	22MSKXX645	MBA	I
46	Rashmi	22MSKXX646	MBA	I
47	Ravi Mehta	22MSKXX647	MBA	I
48	Rupali Bhatnagar	22MSKXX648	MBA	I
49	Saba Parveen	22MSKXX649	MBA	I
50	Safal Jain Chhabra	22MSKXX650	MBA	I
51	Sakshi Chaturvedi	22MSKXX651	MBA	I
52	Sanjeev Dhariya	22MSKXX652	MBA	I
53	Shivani Bhandari	22MSKXX653	MBA	I

54	Shivani Kumawat	22MSKXX654	MBA	I
55	Shrishti Kumari	22MSKXX655	MBA	I
56	Sneha Khandelwal	22MSKXX656	MBA	I
57	Sunil Kumar Kulhari	D220027	MBA	I
58	Tanisha Gupta	22MSKXX658	MBA	I
59	Versha Kanwar	D220030	MBA	I
60	Vijay Motiramani	22MSKXX660	MBA	I
61	Vineet Yadav	22MSKXX661	MBA	I
62	Vishal Sain	22MSKXX662	MBA	I

Event Message:-

Yoga: A way of connecting your body to the soul.

As the new first year batch joined the college Yoga & Meditation Club, SKIT organized yoga session for MBA I year students in. It was conducted on 10 November 2022..

Asana's performed during the event:-

1)Conditioning:- Sit in a comfortable cross-legged position or on a chair keeping the spine straight. Relax the entire body and stay in this position focusing on the breath.

Join the palms together and rug them vigorously to warm them. When they are warm, close your eyes, cup your palms and lightly place them on the eyes, without putting pressure on your cheekbones.

Benefits:- The regular practice of palming releases stress from the optic nerves and calms irritation in the eyes.

2.Tadasana:- Tadasana (Mountain Pose) seems pretty straightforward. The foundational posture asks you to stand upright with your feet facing forward parallel to each other and your arms at your sides, palms facing forward. But there's actually a lot to pay attention to in the basic pose.

Benefits:- Mountain Pose is a foundational posture that improves your postural and body awareness. By requiring you to stack your shoulders, hips, knees, and ankles, it helps you find alignment. By asking you to draw your shoulders away from your ears, it can counter the effects of prolonged sitting at a computer.

3.Tree Pose: - Take a moment to feel both your feet root into the floor, your weight distributed equally on both foot. Begin to shift your weight into your right foot, lifting your left foot off the floor. Keep your right leg straight but don't lock the knee. Bend your left knee and bring the sole of your left foot high onto your inner right thigh. Press your foot into your thigh and your thigh back into your foot with equal pressure. This will help you keep both hips squared toward the front so your right hip doesn't jut out. Focus your gaze on something to keep your balance. Take 5 to 10 breaths, then lower your left foot to the floor and do the other side.

Benefits:- Tree Pose strengthens the legs and core while opening the hips and stretching the inner thigh and groin muscles. One of biggest benefits, in general, is that it helps build better balance, which helps with any number of other physical activities. Good balance and a strong core can go a long way in helping you stay active and healthy.

4. Virabhadrasana 2:- Warrior 2 pose ,Start with taking a 4fit distance back with your left leg, toes pointing slightly in. Press the four corners of your feet down, and firm your legs up. As you inhale, raise your arms parallel to the floor, keeping your shoulders down and your neck long. As you exhale, bend your right knee, keeping your knee over your ankle. Roll the top of your thigh down towards the floor on the right. Press down through your big toe to balance that action. Press the top of your left thigh back, and ground the outside of your left foot into the floor. Draw your lower abdomen in and up and lengthen your spine.Look over your right hand. Stay in this pose for 5 breaths. To come out of the pose press into your feet and straighten your legs as you inhale. Switch the orientation of your feet and repeat on the other side.

Benefits: The posture strengthens your core, including your abs and back muscles, as well as the hip flexors, glute muscles, inner thigh, and ankle of the bent leg. In your back leg, the pose stretches the hip flexors, hamstring, and calf muscles. Warrior II stretches your chest, stretches and strengthens your shoulders, and increases your endurance, one bent knee at a time.

5. Anulom Vilom Pranayama:- Anulom Vilom Pranayama is very easy to do, first of all, close your eyes and sit in Sukhasana and rest your hands on your knees. Close the right nostril with the right thumb. Inhale slowly through the left nostril, inhale the oxygen as much as you can, this will fill your lungs with air. Remove your thumb from your right nostril, as you remove your thumb from right nostril just exhale. When you exhale use your middle finger to close your left nostril then

inhale with our right nostril and remove the thumb from the right nostril then exhale. Repeat this process for 5 minutes. Be focused and concentrate on your breathing.

Benefits:- It helps to cure mental problems like Depression, Anxiety, Stress, Tension, etc. Most beneficial for breathing-related problems like (Bronchitis, Asthma), etc. It improves the working of the lungs. It is best breathing technique for boosting your memory (Makes your brain sharper). It improves your immune system, so it cures general issues like cough & cold. Without any doubt, Anulom Vilom is the most suitable Pranayama for all. Alternate nostril breathing is an ideal breathing technique for maintaining your heart healthy.

6. Bhramari Pranayama:- Bhramari Pranayama, or Bumblebee Breath, is a calming breath practice that can be performed anywhere. Bhramari is derived from the Sanskrit term for “bee” and is named after a type of black Indian bee, due to the bee-like buzzing sound produced during the exhale. Sit comfortably and allow your eyes to close. Take a breath or two to settle in and notice the state of your mind. When you’re ready, inhale and then, for the entire length of your exhalation, make a low- to medium-pitched humming sound in the throat. Notice how the sound waves gently vibrate your tongue, teeth, and sinuses. Imagine the sound is vibrating your entire brain. Do this practice for six rounds of breath and then, keeping your eyes closed, return to your normal breathing. Notice if anything has changed.

Benefits: - . It Lowers Blood Pressure and Heart Rate It improves the functioning of the lungs. It helps to clear nasal passages and alleviates Sinusitis symptoms. It improves cognitive function. It Improves concentration and provides relief in headaches.

Details of Instructor: -

Yoga Expert and Instructor of the day was Mr. Satyaveer Singh who has done TTC(Teacher Training Course) 300 hours and 200 hours both in yoga ,along with PGDYS(Post Graduate Diploma in Yoga Science).

Glimpse Of event:







International Yoga Day Celebration

Date:- 21 June 2023.

Time:- 8:15- 9:15 a.m.

Venue: Badminton Court (Civil Block).

Notice of the Event: -



**Swami Keshvanand Institute of Technology
Management & Gramothan**



YOGA AND MEDITATION CLUB

DATE: 15/06/2023

NOTICE

We are excited to announce that our college will be celebrating International Yoga Day on 21 June, and we warmly invite each and every one of you to join in this event.

Yoga, a profound ancient practice that unites the mind, body, and spirit, offers numerous benefits for our overall well-being and promotes inner peace. This day presents a wonderful opportunity for us to come together as a college community and embrace the transformative power of yoga.

Date : 21/06/23
Time : 8:15 to 9:15 am.
Venue : Cricket Ground.

Please wear comfortable clothing and fill the Google form .

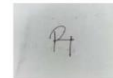
Link: <https://forms.gle/qdRCBfGEBXr836LT6>

Student coordinators

Manjeet Singh:8890786967

Himisha Tunwal:9829211228

Faculty coordinators



Ruchika Khandelwal:9828124477

Satyaveer Singh:9785118885

Poster of Event:-



SKIT
असतो मा सद्गमय



YOGA AND MEDITATION CLUB

WELCOMES YOU ON
INTERNATIONAL YOGA DAY
21ST JUNE 2023
Venue:-Cricket Ground

————— *Yoga awakens the Mind* —————



Scan To Register



Timings:-
8:15 to 9:15 a.m.

Yoga Expert:-
Satyaveer Sir

Student Co-ordinator
Manjeet Singh
Himisha

Faculty Co-ordinator
Ruchika Khandelwal
Satyaveer Singh

Details of Instructor :-

Yoga Expert and Instructor of the day was Mr. Satyaveer Singh who has done TTC(Teacher Training Course) 300 hours and 200 hours both in yoga ,along with PGDYS(Post Graduate Diploma in Yoga Science).

Details/List of teacher participants:-

Sr. No.	Name of Teacher	Branch
1	Ruchika Khandelwal	CSE
2	Neha Mathur	CSE
3	Sanju Choudhary	IT
4	Komal Sharma	Physics
5	Ashish Nayar	ME
6	Manasvi Dixit	Physics
7	Jagdish Ji	Non-Tech
8	Dr. Ramesh Prachar	Principal
9	Sangeeta Vyas	Chemistry

List of student participants:-

First year students from section A2, D1 and I2.

Details :-

S.No.	Name of Student	RTU Roll No.	Branch	Year
1	DEVANSH BHARDWAJ	22ESKIT033	IT	B.Tech. I Year
2	DEVANSH CHALANA	22ESKIT034	IT	B.Tech. I Year
3	DEWANSI PARASHAR	22ESKIT035	IT	B.Tech. I Year
4	DHULIPUDI SRINIVAS PRAKASH	22ESKIT037	IT	B.Tech. I Year
5	DIVANSHU JAIN	22ESKIT038	IT	B.Tech. I Year

6	DIVYANSH GOYAL	22ESKIT039	IT	B.Tech. I Year
7	DIVYANSH MANGAL	22ESKIT040	IT	B.Tech. I Year
8	DIVYANSH SHARMA	22ESKIT041	IT	B.Tech. I Year
9	DIYA BARI	22ESKIT042	IT	B.Tech. I Year
10	GARGI GUPTA	22ESKIT044	IT	B.Tech. I Year
11	GARVIT SAINI	22ESKIT045	IT	B.Tech. I Year
12	GAURAV	22ESKIT047	IT	B.Tech. I Year
13	GAURAV KHANDELWAL	22ESKIT048	IT	B.Tech. I Year
14	GOPAL SINGH SHEKHAWAT	22ESKIT049	IT	B.Tech. I Year
15	GULSHAN KUMAR SAINI	22ESKIT050	IT	B.Tech. I Year
16	HARDIK GUPTA	22ESKIT051	IT	B.Tech. I Year
17	HARISHNATH	22ESKIT052	IT	B.Tech. I Year
18	HARSH JAIN	22ESKIT054	IT	B.Tech. I Year
19	HARSH KUMAR JHA	22ESKIT055	IT	B.Tech. I Year
20	HEMISH JAIN	22ESKIT058	IT	B.Tech. I Year
21	HETAL KUMAWAT	22ESKIT059	IT	B.Tech. I Year
22	HIMANSHU SAINI	22ESKIT060	IT	B.Tech. I Year
23	HIRANSHI JAIN	22ESKIT061	IT	B.Tech. I Year

24	ISHAAN PAREEK	22ESKIT062	IT	B.Tech. I Year
25	JAGRATI PAREEK	22ESKIT063	IT	B.Tech. I Year
26	JAGRITEE AKHOURI	22ESKIT064	IT	B.Tech. I Year
27	SAHIL SINGH RATHORE	22ESKCS192	CSE	B.Tech. I Year
28	SAKSHI BHASKAR	22ESKCS194	CSE	B.Tech. I Year
29	SARTHAK NAGAR	22ESKCS196	CSE	B.Tech. I Year
30	SARTHAK VIJAYVARGIYA	22ESKCS197	CSE	B.Tech. I Year
31	SATISH KUMAR	22ESKCS198	CSE	B.Tech. I Year
32	SATVIK VAISHNAV	22ESKCS800	CSE	B.Tech. I Year
33	SATYAM KHANDELWAL	22ESKCS801	CSE	B.Tech. I Year
34	SHARDA MEGHWAL	22ESKCS802	CSE	B.Tech. I Year
35	SHELJA KANWAR	22ESKCS803	CSE	B.Tech. I Year
36	SHIVAM AGRAWAL	22ESKCS805	CSE	B.Tech. I Year
37	SHIVAM BORA	22ESKCS806	CSE	B.Tech. I Year
38	SHIVAM GUPTA	22ESKCS807	CSE	B.Tech. I Year
39	SHREY GHIYA	22ESKCS809	CSE	B.Tech. I Year
40	SHUBHAM SHARMA	22ESKCS810	CSE	B.Tech. I Year
41	SHYAM PRATAP SINGH	22ESKCS811	CSE	B.Tech. I Year

42	SIDDHI NARBAN	22ESKCS812	CSE	B.Tech. I Year
43	STUTI AGRAWAL	22ESKCS814	CSE	B.Tech. I Year
44	SUHANI SHARMA	22ESKCS816	CSE	B.Tech. I Year
45	SUMIT NAGAR	22ESKCS817	CSE	B.Tech. I Year
46	TANIA DEVI	22ESKCS819	CSE	B.Tech. I Year
47	TANISHK AGARWAL	22ESKCS820	CSE	B.Tech. I Year
48	TARUNA KUMARI	22ESKCS821	CSE	B.Tech. I Year
49	TUSHAR TAK	22ESKCS822	CSE	B.Tech. I Year
50	UMANG JOSHI	22ESKCS823	CSE	B.Tech. I Year
51	ANUSHKA SINGH	22ESKCS033	CSE	B.Tech. I Year
52	ARCHIT GOYAL	22ESKCS034	CSE	B.Tech. I Year
53	ARCHIT SHARMA	22ESKCS035	CSE	B.Tech. I Year
54	ARNAVI GARG	22ESKCS037	CSE	B.Tech. I Year
55	ARPIT GUPTA	22ESKCS038	CSE	B.Tech. I Year
56	ARPIT SHARMA	22ESKCS039	CSE	B.Tech. I Year
57	ARPIT TILAWAT	22ESKCS040	CSE	B.Tech. I Year
58	ARYAN DADHICH	22ESKCS041	CSE	B.Tech. I Year
59	ARYAN SUSAWAT	22ESKCS044	CSE	B.Tech. I Year

60	ARYAN SUTHAR	22ESKCS045	CSE	B.Tech. I Year
61	ASIT VATSA	22ESKCS046	CSE	B.Tech. I Year
62	AUTHA RASHMIKA	22ESKCS047	CSE	B.Tech. I Year
63	AVANI GUPTA	22ESKCS048	CSE	B.Tech. I Year
64	AYUSH AGRAWAL	22ESKCS050	CSE	B.Tech. I Year
65	AYUSH BALDWA	22ESKCS051	CSE	B.Tech. I Year
66	AYUSH GURJAR	22ESKCS052	CSE	B.Tech. I Year
67	AYUSH KUMAR JANGID	22ESKCS053	CSE	B.Tech. I Year
68	AYUSH MAHALA	22ESKCS054	CSE	B.Tech. I Year
69	AYUSH MANGAL	22ESKCS055	CSE	B.Tech. I Year
70	AYUSH PACHAR	22ESKCS056	CSE	B.Tech. I Year
71	AYUSHI GARG	22ESKCS057	CSE	B.Tech. I Year
72	BHAWANA	22ESKCS058	CSE	B.Tech. I Year
73	BHAWNA NAYAK	22ESKCS059	CSE	B.Tech. I Year
74	BHOOMI ARORA	22ESKCS060	CSE	B.Tech. I Year
75	BHUMIKA AGARWAL	22ESKCS062	CSE	B.Tech. I Year
76	BUNTY DUTTA	22ESKCS063	CSE	B.Tech. I Year

Details of Execution: The session began with basic stretching and breathing exercise (Anulom vilom) then after we performed various asnas , details are provided below

1. Anulom vilom:- Anulom Vilom is a specific type of pranayama, or controlled breathing, in yoga. It involves holding one nostril closed while inhaling, then holding the other nostril closed while exhaling. The process is then reversed and repeated.

Benefits of Anulom vilom

- improved breathing
- improved cardiovascular function
- stress reduction



2. Tadasana :- Tadasana centers your body and mind, which helps create a calm sense of inner peace. Maintaining alignment and body awareness is a constant process. Standing strong, steady, and centered in Mountain Pose helps to improve posture, alignment, and balance. This can benefit other yoga poses as well as your daily movements.

Benefits of Tadasana

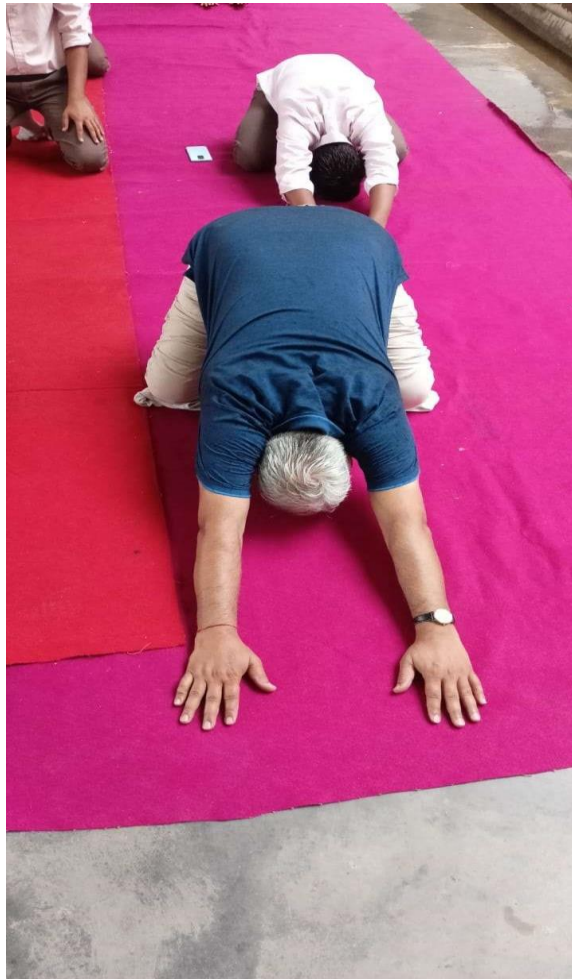
- improving flexibility
- relieving pain
- building strength



2. Paschimottasana :- Pashchimottanasana, Seated Forward Bend, or Intense Dorsal Stretch is a seated forward-bending asana in hatha yoga and modern yoga as exercise.

Benefits of Paschimottasana

- It increases your hip joints' flexibility.
- It helps in getting rid of constipation.
- Stretches the shoulder and knee joints to keep them functioning well.
- Works on the hamstrings and calf muscles by toning them better.



3 . Chakrasana:- This family of poses is said to be uplifting because they open up your heart and chest, helping you breathe deeper. They're also believed to stimulate the adrenal glands.Chakrasana, or Urdhva Dhanurasana, also offers a deep stretch for the chest and shoulder muscles, as well as the hip flexors.

Benefits of Chakrasana

- improving flexibility
- relieving pain
- building strength



4. Vrikshasana :-Vrikshasana or Tree Pose is a balancing asana. It is one of the very few standing poses in medieval hatha yoga, and remains popular in modern yoga as exercise,

Since vrikshasana creates a sense of balance within the body, it also translates into mental wellbeing, building focus and concentration, making your mind sharper and lesser prone to meandering. It helps stabilise the nervous system, making it functional to an optimum.

Benefits of Vrikshasana

- It strengthens your spine and improves your posture.
- Vrikshasana strengthens your thighs, knees and calf muscles.
- It helps in improving your balance.
- When done regularly, this asana may help in relieving sciatica pain.
- It also helps to improve flat feet problems.



4. Shavasana :-Shavasana and some sitting asanas maintain the balance between r elaxation and meditation by their equal input of physical stimuli.

Shavasana is performed on the back with the legs spread as wide as the yoga mat and arms relaxed to the side, and the eyes closed. The whole body is relaxed on the floor with an awareness of the chest and abdomen rising and falling with each breath. During Shavasana, all parts of the body are scanned for muscular tension of any kind. Any muscular tension the body finds is consciously released as it is found.

Benefits of Shavasana :-

- Calms central nervous system, aiding the digestive and immune systems
- Calms the mind and reduces stress
- Reduces headache, fatigue and anxiety
- Helps lower blood pressure

Glimpses of the event:-

