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## Analyzing the Hand Grip Str Carpenters

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## Abstract

The hand grip strength is an important performing characteristic that can increase the efficiency of workers. The hand tools should be designed in such a manner that the workers can easily perform operations with sufficient grip on it. This study was conducted to measure and compare the grip strength of the carpenters of age between 19 and 60 years. The hand grip strength of 112 carpenters was determined in different postures. The carpenters were selected from the population of