



**Swami Keshvanand Institute of Technology,  
Management & Gramothan, Jaipur**



A  
Report  
on  
**“Expert Talk”**  
on  
**"Art of Mind Control"**  
**By Prabhu Shri Girdhari Das**

held  
on  
24<sup>th</sup> August 2023

**Jointly Organized by:**

**Department of Civil Engineering, SKIT M&G, Jaipur  
&  
The Akshaya Patra Foundation,  
Jaipur**

Swami Keshvanand Institute of Technology Management & Gramothan  
Ramnagar, Jagatpura, Jaipur-302 017, Rajasthan, India

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# 1. Objective and Outcome of the Expert Talk

## Objectives

The Objectives of this session are as follows:

- Need for **Controlling the Mind**
- Understanding **Mechanism of The Mind**
- Methods of **Mind Control**
- How can we keep us away from **Distractions**.
- To enable our mind to **think out of the box rather than imitating**.

## Outcomes

- The participants of the event will be able to understand the value of Peace in our life.
- This Expert talk will bring a positive transformation in the student's attitude to lead life in enthusiastic manner.
- This session can also help us to keep students away from distraction.
- This session help students to decide their vision towards life
- This session also taught us train our mind to do things in different way rather than orthodox way.

## 2.Notice

**SWAMI KESHVANAND INSTITUTE OF TECHNOLOGY,  
MANAGEMENT & GRAMOTHAN  
(DEPARTMENT OF CIVIL ENGINEERING)**

Date. 21/08/2023

### NOTICE

#### **Kind Attention: B. Tech II<sup>nd</sup> year students**

It is to inform you that Department of Civil Engineering in collaboration with The Akshaya Patra Foundation, Jaipur is conducting an expert talk. For this we have invited **Prabhu Shri Girdhari Das** to deliver an expert lecture for II<sup>nd</sup> year students. The details of the program are as follows:

<b>TOPIC</b>	:	<b>"Art of Mind Control"</b>
<b>VENUE</b>	:	<b>J.C. Bose Auditorium</b>
<b>DATE/TIME</b>	:	<b>24<sup>st</sup> August, 2023/11:30 AM – 1:30 PM</b>

Interested faculty members are also invited to attend the same.

Mr. Nikhil Kumar Sharma /Deepak Sharma  
(Coordinators)

  
HOD – CE

### 3.Introduction of Speakers

S.No.	Title of Talk	Date	Duration	Speaker	Venue	Contact No.
1	"Art of Mind Control"	24-08-2023	11:30-1:30	Prabhu Shri Girdhari Das (Akshaya Patra)	J.C. BOSE Auditorium	9116612168

### 4.List of Participants

S.No.	Participant Name	Name of Institute	RTU Roll No.
1.	Dhruv Narwal	SKIT M & G Jaipur	21ESKCE018
2.	Aakib Hussain	SKIT M & G Jaipur	22ESKCE001
3.	Aayush Kumar	SKIT M & G Jaipur	22ESKCE002
4.	Abhinav Gurjar	SKIT M & G Jaipur	22ESKCE003
5.	Aditi H	SKIT M & G Jaipur	22ESKCE004
6.	Aditya	SKIT M & G Jaipur	22ESKCE005
7.	Ajeet Singh Chouhan	SKIT M & G Jaipur	22ESKCE006
8.	Akash Meena	SKIT M & G Jaipur	22ESKCE007
9.	Akshit Pakad	SKIT M & G Jaipur	22ESKCE008
10.	Akshita Meena	SKIT M & G Jaipur	22ESKCE009
11.	Aman Jain	SKIT M & G Jaipur	22ESKCE010
12.	Aman Kumar	SKIT M & G Jaipur	22ESKCE011
13.	Aman Mishra	SKIT M & G Jaipur	22ESKCE012
14.	Anish Kumar	SKIT M & G Jaipur	22ESKCE013
15.	Ankit Choudhary	SKIT M & G Jaipur	22ESKCE014
16.	Ankit Kumar Meena	SKIT M & G Jaipur	22ESKCE015
17.	Ankit Meena	SKIT M & G Jaipur	22ESKCE016
18.	Anuj Kumar	SKIT M & G Jaipur	22ESKCE017
19.	Arjun Bharti Mina	SKIT M & G Jaipur	22ESKCE018
20.	Ashish Kumar Meena	SKIT M & G Jaipur	22ESKCE019
21.	Avinash Murawatiya	SKIT M & G Jaipur	22ESKCE020
22.	Avinash Suthar	SKIT M & G Jaipur	22ESKCE021
23.	Ayan Khan	SKIT M & G Jaipur	22ESKCE022
24.	Azad Singh Rathore	SKIT M & G Jaipur	22ESKCE023
25.	Bhavesh Sharma	SKIT M & G Jaipur	22ESKCE024
26.	Chaman Budania	SKIT M & G Jaipur	22ESKCE026
27.	Chandra Shekhar	SKIT M & G Jaipur	22ESKCE027
28.	Deeksha Sharma	SKIT M & G Jaipur	22ESKCE028
29.	Deepak Kumar	SKIT M & G Jaipur	22ESKCE029
30.	Dev Banshal	SKIT M & G Jaipur	22ESKCE030

S.No.	Participant Name	Name of Institute	RTU Roll No.
31	Devanshu Dagur	SKIT M & G Jaipur	22ESKCE032
32	Devanshu Ojha	SKIT M & G Jaipur	22ESKCE033
33	Devesh Hansawat	SKIT M & G Jaipur	22ESKCE034
34	GOURAV GALAV	SKIT M & G Jaipur	22ESKCE035
35	Hansraj Meena	SKIT M & G Jaipur	22ESKCE036
36	Harish Bijarniya	SKIT M & G Jaipur	22ESKCE037
37	Harsh Kumar Pakad	SKIT M & G Jaipur	22ESKCE038
38	Harsh Meena	SKIT M & G Jaipur	22ESKCE039
39	Harsh Yogi	SKIT M & G Jaipur	22ESKCE040
40	Harshit Pareek	SKIT M & G Jaipur	22ESKCE041
41	Hema Ram Dudi	SKIT M & G Jaipur	22ESKCE042
42	Hemant Prajapat	SKIT M & G Jaipur	22ESKCE043
43	Hritik Kumar	SKIT M & G Jaipur	22ESKCE044
44	Jaiprakash Gurjar	SKIT M & G Jaipur	22ESKCE045
45	Janvi Singh	SKIT M & G Jaipur	22ESKCE046
46	Juned Khan Langa	SKIT M & G Jaipur	22ESKCE047
47	Kalpita Khinchi	SKIT M & G Jaipur	22ESKCE048
48	Kanika Verma	SKIT M & G Jaipur	22ESKCE049
49	Kanishka Dhammapriya	SKIT M & G Jaipur	22ESKCE050
50	Kaniska Barupal	SKIT M & G Jaipur	22ESKCE051
51	Kaushal Meena	SKIT M & G Jaipur	22ESKCE052
52	Kaynat Ansari	SKIT M & G Jaipur	22ESKCE053
53	Kishan Lohar	SKIT M & G Jaipur	22ESKCE054
54	Koshal Choudhary	SKIT M & G Jaipur	22ESKCE055
55	Laxit Thory	SKIT M & G Jaipur	22ESKCE056

S.No.	Participant Name	Name of Institute	RTU Roll No.
56	Lokesh Kumar	SKIT M & G Jaipur	22ESKCE057
57	Mala Meena	SKIT M & G Jaipur	22ESKCE058
58	Manish Kukna	SKIT M & G Jaipur	22ESKCE059
59	Mannat Jasrotia	SKIT M & G Jaipur	22ESKCE060
60	Manoj Chaudhary	SKIT M & G Jaipur	22ESKCE061
61	Mohit Sihag	SKIT M & G Jaipur	22ESKCE062
62	NAMAN SHARMA	SKIT M & G Jaipur	22ESKCE063
63	Naveen Meena	SKIT M & G Jaipur	22ESKCE064
64	Nikhil Bhardwaj	SKIT M & G Jaipur	22ESKCE065
65	Nikita	SKIT M & G Jaipur	22ESKCE066
66	Nupur Agarwal	SKIT M & G Jaipur	22ESKCE067
67	Piyush Meena	SKIT M & G Jaipur	22ESKCE068
68	Pranav Shekhawat	SKIT M & G Jaipur	22ESKCE069
69	Priyanshu Mahar	SKIT M & G Jaipur	22ESKCE070
70	Priyanshu Yadav	SKIT M & G Jaipur	22ESKCE071
71	Priyanshu Yadav	SKIT M & G Jaipur	22ESKCE072
72	Rahul Jorwal	SKIT M & G Jaipur	22ESKCE073
73	Rahul Kumawat	SKIT M & G Jaipur	22ESKCE074
74	Rahul Suthar	SKIT M & G Jaipur	22ESKCE075
75	Rajesh Kumar	SKIT M & G Jaipur	22ESKCE076
76	Ravi Prakash	SKIT M & G Jaipur	22ESKCE077
77	Ravindra Bairwa	SKIT M & G Jaipur	22ESKCE078
78	Rinku Pakhru	SKIT M & G Jaipur	22ESKCE079
79	Rishabh Saini	SKIT M & G Jaipur	22ESKCE080
80	Ritesh Kumar Meena	SKIT M & G Jaipur	22ESKCE081
81	Rohan Kumar Jha	SKIT M & G Jaipur	22ESKCE082
82	Rohan Meena	SKIT M & G Jaipur	22ESKCE083
83	Rohit Meena	SKIT M & G Jaipur	22ESKCE084
84	Sachin Derwal	SKIT M & G Jaipur	22ESKCE085
85	Sahil Kumar	SKIT M & G Jaipur	22ESKCE086



S.No.	Participant Name	Name of Institute	RTU Roll No.
86	Sanchay Meena	SKIT M & G Jaipur	22ESKCE087
87	Saurabh Jakhar	SKIT M & G Jaipur	22ESKCE088
88	Shivansh Bhaiphlawat	SKIT M & G Jaipur	22ESKCE089
89	Shubham Chauhan	SKIT M & G Jaipur	22ESKCE090
90	Siddharth Choudhary	SKIT M & G Jaipur	22ESKCE091
91	Sumit Chhabbarwal	SKIT M & G Jaipur	22ESKCE092
92	Sumit Kumar Meena	SKIT M & G Jaipur	22ESKCE093
93	Sumit Somani	SKIT M & G Jaipur	22ESKCE094
94	T Nirvaraj Singh	SKIT M & G Jaipur	22ESKCE095
95	Tanmay Jawda	SKIT M & G Jaipur	22ESKCE096
96	Tulsiram Bhil	SKIT M & G Jaipur	22ESKCE097
97	Varsha Kumari Nagar	SKIT M & G Jaipur	22ESKCE098
98	Varsha Meena	SKIT M & G Jaipur	22ESKCE099
99	Vikas Meena	SKIT M & G Jaipur	22ESKCE100
100	Vishal Meena	SKIT M & G Jaipur	22ESKCE101
101	Vishnu Mina	SKIT M & G Jaipur	22ESKCE102
102	Vivek Kumar Meena	SKIT M & G Jaipur	22ESKCE103
103	Wilson Meel	SKIT M & G Jaipur	22ESKCE104
104	Yashvardhan Upadhyay	SKIT M & G Jaipur	22ESKCE105
105	Yogesh Tilawat	SKIT M & G Jaipur	22ESKCE107

### 5. Photographs of the Event



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**6. Relevance to POs and PSOs**

<b>S.No.</b>	<b>Name of Activity</b>	<b>Resource Person</b>	<b>Percentage of Students</b>	<b>Related Pos and PSOs</b>
1.	Motivation talk on “Art of Control Mind”	Prabhu Shri Girdhari Das (Akshaya Patra)	100%	POs (8.1.1 & 8.2.2)

**Thank You**