# **Course: Enhancing Soft Skills and Personality**

Course Code: noc17-hs11

**Session:** 2016-17

**Duration:** 8 Weeks

**Assessment procedures:** Weekly Assignment (25%) + proctored certification Exam (75%)

#### **Curriculum of the Course:**

#### Week 1:

- Highlights of Developing Soft Skills and Personality Course-1-24
- Highlights of Developing Soft Skills and Personality Course-25-48
- Definitions and Types of Mindset
- Learning Mindsets
- Secrets of Developing Growth Mindsets

#### Week 2:

- Importance of Time and Understanding Perceptions of Time
- Using Time Efficiently
- Understanding Procrastination
- Overcoming Procrastination
- Don't Say "Yes" to Make Others Happy!

#### Week 3:

- Types of People
- How to Say "No"
- Controlling Anger
- Gaining Power from Positive Thinking-1
- Gaining Power from Positive Thinking-2

#### Week 4:

- What Makes Others Dislike You?
- What Makes Others Like You?-1
- What Makes Others Like You?-2
- Being Attractive-1
- Being Attractive-2

#### Week 5:

- Common Errors-1
- Common Errors-2
- Common Errors-3
- Common Errors-4
- Common Errors-5

#### Week 6:

- Humour in Communication
- Humour in the Workplace
- Function of Humour in the Workplace
- Money and Personality

• Managing Money

## Week 7:

- Health and Personality
- Managing Health-1: Importance of Exercise
- Managing Health-2: Diet and Sleep
- Love and Personality
- Managing Love

### Week 8:

- Ethics and Etiquette
- Business Etiquette
- Managing Mind and Memory
- Improving Memory
- Care for Environment
- Highlights of the Course

## List of students enrolled

S. No	Name of Students
1	Anand Kumar