

## **Course: Emotional Intelligence**

**Course Code:** noc19-hs11

**Session:** 2018-19

**Duration:** 8 Weeks

**Assessment procedures:** Weekly Assignment (25%) + proctored certification Exam (75%)

### **Curriculum of the Course:**

**Week 1:** Introduction to emotion, intelligence & wisdom

**Week 2:** Concept, theory, measurement and applications of intelligence

**Week 3:** Emotional intelligence: concept, theory and measurements

**Week 4:** Correlates of emotional intelligence

**Week 5:** Emotional intelligence, culture, schooling and happiness

**Week 6:** For enhancing emotional intelligence EQ mapping

**Week 7:** Managing stress, suicide prevention, through emotional intelligence, spirituality and meditation

**Week 8:** Application of emotional intelligence at family, school and workplace

### **List of students enrolled**

| <b>S. No</b> | <b>Name of Student</b> |
|--------------|------------------------|
| 1            | Jayesh Soni            |
| 2            | Kinjalk Sharma         |
| 3            | Ansh Pancholi          |
| 4            | Surendra Kumar         |