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(57) Abstract :

It's not just physical strength that helps us come out of a situation gracefully; mental strength has an upper edge in almost all situations. When it comes to girls' safety, many girls come across situations where they are harassed physically, be it rape or physical torture by in-laws (many cases registered). It is so unexpected to them that they freak out badly and tend to surrender many a time. Even if many try to act brave but still, psychological trauma acts against their capability to defend and escape. Thus, a 3D VR kind of wearable devices where they can be taught about right touch and lousy touch added on with proper defense would keep our girls mentally and physically ready. The training is practical since 3D makes us feel the situation and not just see, which is psychological and physical training. 3D can be increased to some higher dimensions like 4D also for better results. These 3D models can train them about how attackers attack, and when they often see about attacker's tactics and the way they attack in 3D, their mind will be trained if something unexpected happens in the future.

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